

## This Thanksgiving, Your Generosity Nourished Our Neighbors



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**nourish up™**  
Lifting our community  
through food.



## Grateful for You This Thanksgiving

Dear Charlotte Friends,

As we all prepare to gather around our Thanksgiving tables, I want to share my deepest gratitude for the remarkable outpouring of support you have shown these past several weeks. When our neighbors needed you most, the Charlotte community stepped forward with open hands and open hearts. October and November were simply unprecedented in so many ways. With disruptions to SNAP, the longest government shutdown in American history, and the ripple effects of immigration enforcement around ICE and Border Patrol, the need for food in the Queen City has been heightened.

Because of you—your donations of food and money, your volunteer hours, your advocacy, and your compassion—thousands of families across Mecklenburg County will sit down to a holiday meal with dignity and relief.

**In just the last 10 DAYS**, my Nourish Up staff has:

- Responded to more than **7,948 calls** from neighbors seeking food and support
- Connected **402 households** (representing **1,421 individuals**) with additional assistance through our Social Services team
- Provided a full week's worth of groceries—including turkeys and Thanksgiving fixings—to **6,193 people** through our emergency food pantries and grocery home delivery programs
- Delivered groceries directly to **437 households** (more than **1,222 individuals**)
- Distributed emergency food to **1,775 households** (more than **5,632 individuals**) through our Mobile Mass Distribution/Pop-Up Food Share operations
- Collected thousands of pounds of turkeys and food donations, along with generous financial contributions
- Ensured that our Meals on Wheels program delivered **8,381 meals** in November to **497 recipients**, including more than **441 holiday meals** to over **200 neighbors**

And **you** made this possible during one of the most challenging periods our community has faced. **YOU** showed up.

As we celebrate and gather this Thanksgiving holiday, I hope you know that **you** made a profound difference this season. Because of you, thousands of our neighbors will feel the comfort of being cared for. They can gather with loved ones and break bread together.

Thank you for helping us nourish our community—today and always.

Thankful,



Tina Postel  
Chief Executive Officer  
Nourish Up

**It is our mission to nourish our neighbors  
with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

[www.nourishup.org](http://www.nourishup.org)



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