

Adams Alerts -- October 31, 2025

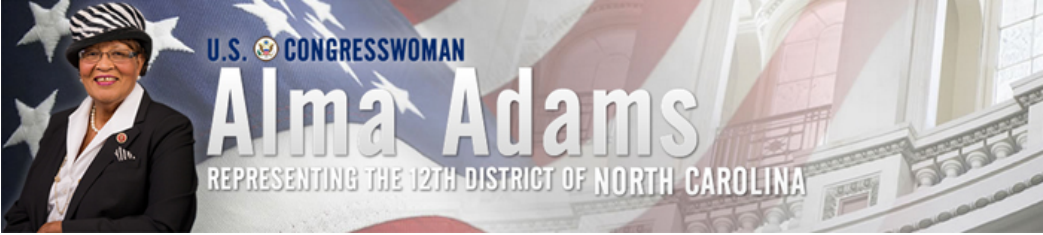


From [Congresswoman Alma Adams <Alma.Adams@mail.house.gov>](#) on 2025-10-31 15:38

 Details

 Headers

 Plain text



Rep. Adams on the Republican Healthcare Crisis

Dear Friends,

Today marks one full month of the government shutdown.

That's 31 days of federal employees not receiving paychecks, North Carolinians experiencing pauses and delays in receiving their federal services, and uncertainty surrounding important federal programs that our community relies on.

Since the government shut down, Speaker Mike Johnson has refused to call the House back in session, not allowing Congress to return to work, reopen the government, and address one of the most critical issues facing Americans—affordable healthcare.

Democrats are fighting to extend the Affordable Care Act tax credits which help 880,000 North Carolinians afford healthcare, including 88,000 in our district. These credits have helped lower healthcare costs for millions of American citizens across the country but unless Congress acts, they will expire at the end of the year, and insurance premiums will skyrocket.

Open enrollment for health insurance in North Carolina begins tomorrow, November 1, and our community is already seeing a significant increase in healthcare premium costs in 2026 for the exact same insurance they had in 2025.

One of my constituents even shared that her family's health insurance costs will increase by \$10,000 more next year. Simply put, we cannot afford that.

I was back in Washington this week because Democrats are ready to pass a bipartisan bill that extends the ACA tax credits, reopens the government, and finally delivers for the needs of the American people.

I will never stop fighting for you.

Rep. Adams Fights for November SNAP Benefits

