

What to do if you're impacted by the government shutdown



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Friend,

Many families and communities are feeling the strain of the government shutdown. Whether you've been furloughed or rely on federal programs, here are key steps and resources to help you navigate this uncertain time:

If You've Been Furloughed:

- **Apply for Unemployment Benefits ASAP:** You may be eligible if you're not working and not being paid. *Note: If you later receive back pay, you may be required to repay the unemployment benefits.*
- **Contact your Mortgage Lender, Landlord, or Creditors:** Explain your situation and request flexible payment options.
- **Federal Student Loans:** Payments are not affected by the shutdown.
- **Stay Informed:** Check with your agency's HR office for official information, and share this email with family and friends who may find it helpful.



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If You Rely on Government Services:

- **Medicaid:** Your coverage continues, though some administrative processes may be delayed. Community health centers remain open and available for care.
- **Veterans Services:** VA hospitals and clinics remain open. Disability and pension payments will continue.
- **Social Security:** Benefits continue. New applications or replacement card requests may take longer than usual.

We will continue to share updates and resources as they become available. You are not alone. We're here to support you.

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