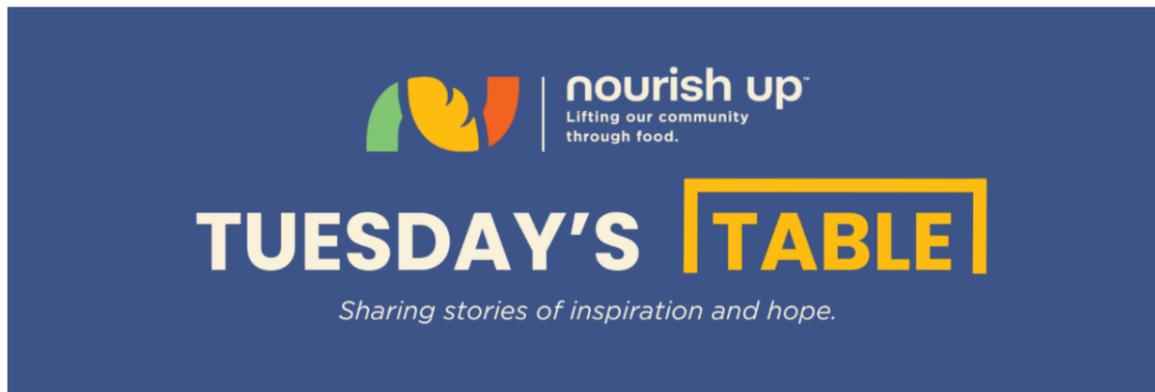


## Tuesday's Table | Full Circle Moment



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## Full Circle Moment



From left: Montrell Calhoun, Ella Phillips, Phyllicia Duncan, and Meals on Wheels Coordinator Jasmine Rondon.

Montrell Calhoun is Nourish Up's Grocery Home Delivery satellite coordinator at One Church of Charlotte. Montrell coordinates volunteers to pack and deliver East Side home deliveries so the Nourish Up grocery team can focus on delivering to other parts of Mecklenburg County. One Church of Charlotte does many amazing things as our loyal partner, but this story might top the list.

Though he is most involved with our Grocery program, Montrell had been purchasing our food through our Meals on Wheels for an unhoused neighbor in the community. Basically, he was making sure she had at least one prepared meal every day.

Several weeks later, Montrell phoned Jasmine from the Nourish Up Meals on Wheels team and asked her to discontinue the meals.

Jasmine immediately thought the worst, assuming something bad had happened.

This is when our world comes full circle. Nourish Up provides two services in multiple ways. One is Meals on Wheels, a nutritious midday meal delivered by volunteers to more than 500 neighbors daily. We also provide groceries for families and individuals who cannot afford food, through deliveries and a network of more than 40 pantries. Though the two programs share the same purpose of feeding our neighbors, it is rare for them to intersect.

Until today.

Jasmine's fears quickly turned to elation as she learned the details. Montrell had been buying Ella lunch when she was unhoused. But he changed that order to make a referral for her to receive groceries from Nourish Up...

...because she was approved for housing.

**She no longer needed our Meals, because she will now receive GROCERIES to prepare her own meals in her new home, as she was approved for a Section 8 housing voucher.**

"This story touches so many parts of our organization — meals, groceries, partnerships, and addressing every social determinant of health," said Chasidie Glover, Nourish Up Community Outreach Director.

"I want to highlight our amazing partner, One Church of Charlotte. Montrell regularly makes referrals for us, making sure that folks who need food get it. He coordinates delivery every Tuesday of the month; AND he connected me with childcare for our [Pantry to Plate](#) classes. The entire team is so happy to be a part of Nourish Up, and they are willing to partner on so many levels," continued Chasidie.

And while this is a happy ending, our need continues.

## Emergency Hunger Fund

**Help Us Raise \$500,000 by September 30.**



We're facing empty shelves, a sharp federal funding cut, and requests from hundreds of people every day. Your gift today will go further. Thanks to our wholesale partnerships, we can stretch every dollar to purchase nutritious food for our neighbors.

Join us to close the gap and ensure access to nutritious food.

**Make a Donation Today**

**It is our mission to nourish our neighbors  
with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

[www.nourishup.org](http://www.nourishup.org)



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