

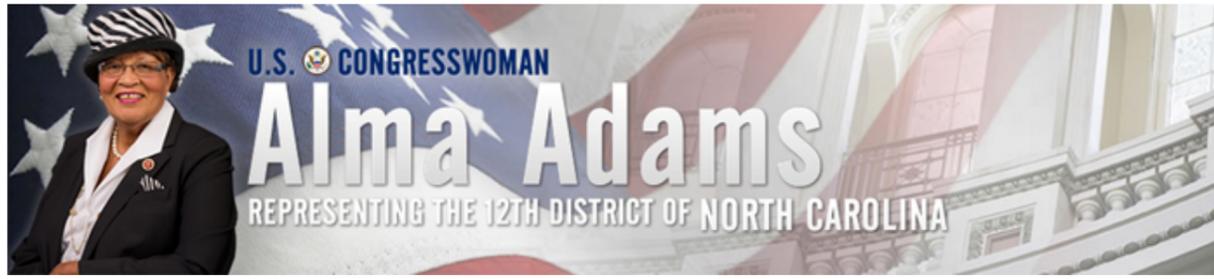
Adams Alerts -- July 4, 2025



From Congresswoman Alma Adams <Alma.Adams@mail.house.gov>

To <sjohnston@tuesdayforumcharlotte.org>

Date 2025-07-04 09:06





Rep. Adams Votes Against the Reckless Republican Budget Bill

Dear Friends,

Today is Independence Day, marking when our country declared independence from Great Britain almost 250 years ago and began the great American experiment.

As we celebrate this holiday with friends and family, I want to speak to the Republican reconciliation budget that was signed into law today.



The Republican reconciliation budget—their One, Big Ugly Bill—places tax breaks for billionaires over the basic needs of our families, gutting lifesaving programs like SNAP and Medicaid for millions of North Carolinians.

This bill isn't just budget line items; it represents people who will be hurt by these reckless, unprecedented cuts:

Healthcare

Nationally, this bill will make more than \$1 trillion in healthcare cuts. In our state, this could mean as many as 663,000 North Carolinians on Medicaid could lose their healthcare.

We know Medicaid is an essential program to keep our community healthy. It has been an important resource in combatting the Black maternal health crisis, with over 65 percent of Black mothers receiving perinatal care through Medicaid. It funds special education programming for the 17,000 students with disabilities in Charlotte-Mecklenburg Schools. And by severely limiting provider taxes and state-directed payments which are essential lifelines for our hospitals, this budget will reduce essential services and close hospitals, especially in rural areas.

Hunger

The budget makes unprecedented cuts to food security, shifting many of the costs back to states or cutting essential services that keep our communities fed.

Cuts to SNAP are threatening the food security of 1.4 million North Carolinians, including 46,000 households in my district who receive benefits from this program. That's 1 in every 7 households. The budget forces North Carolina to cover SNAP expenses that the federal budget refused to fund, costing our state government up to \$500 million to keep SNAP operational. Our state legislature now has to make the impossible choice of finding half a billion dollars in revenue to fund SNAP, reducing the number of recipients, or even exiting the program all together.

If a family loses SNAP or Medicaid because of the budget, our kids could also lose direct access to free or reduced-priced school meals. Before this budget, if students were enrolled in SNAP or Medicaid, they would automatically be enrolled in school meals. Now, there are additional hurdles for free or reduced-priced school meals eligibility. In addition, Republicans' cuts to SNAP and Medicaid will reduce participation in the Summer EBT program, which supports over 1 million kids in North Carolina and prevents them from going hungry in the summer.

Between changes to SNAP and the EBT program, we know our most vulnerable, and especially our children, will be forced to go to bed hungry.

The bill also:

- Creates new, harsh work requirements for able-bodied adults, raises the work requirement age to 64, and forces parents or guardians of children 14 and older to work to receive SNAP benefits.
- Strips exemptions for able-bodied adults experiencing homelessness, veterans, and those up to 24 years of age that were in foster care.
- Eliminates the SNAP-Ed program, a federally funded initiative designed to improve nutrition education and promote obesity prevention among eligible individuals and families.
- Eliminates SNAP eligibility for most qualified, legally present immigrants,

including people approved for asylum and certain victims of domestic violence or sex trafficking.

Higher Education

The bill severely undermines access to higher education, stripping our children of the opportunity they were promised in the American Dream by cutting \$300 billion of federal support for higher education students and borrowers.

The bill also impacts enrollees in the Saving on a Valuable Education (SAVE) plan. The SAVE Plan, like other income-driven repayment plans, calculates your monthly payment amount based on your income and family size. In addition, the SAVE Plan has unique benefits that will lower payments for many borrowers.

Nearly 238,000 North Carolina enrollees in the SAVE plan would see their student loan payments double or triple. It forces almost 11,000 North Carolina students into private loans. And the bill puts an end to borrower defense relief for students who are scammed by predatory colleges, such as the 52,000 defrauded students in North Carolina who've successfully recouped their losses.

For Pell grant recipients, this bill would kick 1.5 million students, or 20% of all Pell grant recipients, off the program. This will impact students at every college and university, but especially our students at HBCUs. 73% of HBCU students are Pell grant recipients and Pell grants are essential in helping our kids achieve the academic excellence we owe them.

The bill also:

- Raises the cost of student loan repayment. The [new income-driven repayment plan](#) contains [unpredictable spikes in loan amounts](#), including a [marriage penalty](#), and is likely to drive more borrowers into default.
- Weakens protections for borrowers who become unemployed, whose schools defraud them, or who face a sudden college closure.
- Limits access to federal aid for graduate students, likely leading more borrowers to pursue riskier private loans or forego further education.

Taxes

While the bill provides no tax on tips or overtime, what Republicans have not said is that these provisions expire in 2028, and individuals are capped on how much they can receive. Meanwhile, the tax breaks for the wealthiest in our country are made permanent. This budget prioritizes the wants of billionaires over the needs of North Carolinians.

This will harm single mothers who can't afford to see a doctor. Children who are going to bed hungry. Rural communities whose hospitals will close. Veterans who served our country, but we won't support. These are the people this bill betrays. I will never stop fighting to protect my constituents and communities, but many of my colleagues today have shown that they won't.

I will continue working with our local and state partners, including the Governor's Office, and the City of Charlotte, and Mecklenburg County governments as we navigate this critical time for our district. As always, if you have any issues with federal services, please don't hesitate to reach out to my offices and my staff will be happy to assist you however they can.

You can read the full text of the bill [here](#).

Rep. Adams is Inducted into the Order of the Long Leaf Pine



On Monday, I was honored to be inducted into the Order of the Long Leaf Pine in Charlotte by our very own Governor Josh Stein.

I was joined by nine incredible leaders in our Charlotte-Mecklenburg region, including District Attorney Spencer Merriweather, Bishop Dwayne Walker, former State Senator Jeff Tarte, retired firefighter Carly Bailey, and four of our brave Charlotte firefighters Captain Nathan Jones, Justin Barringer, William Costello, and Jonathan Moore.

I am proud that we have so many changemakers and dedicated public servants in our district and across our state and am honored to be recognized among them.

Rep. Adams Joins the Carolina Farm Trust at the Carolina Farm Fest

Last week, I joined the Carolina Farm Trust Market in West Charlotte for their Carolina Farm Feast to celebrate the 10th anniversary of the Carolina Farm Trust.

During the visit, I had the opportunity to tour the state-of-the-art facility, interact with farmers, chefs, and constituents and explore CFT's new commercial kitchen, market, and distribution hub, which are designed to strengthen the food system.

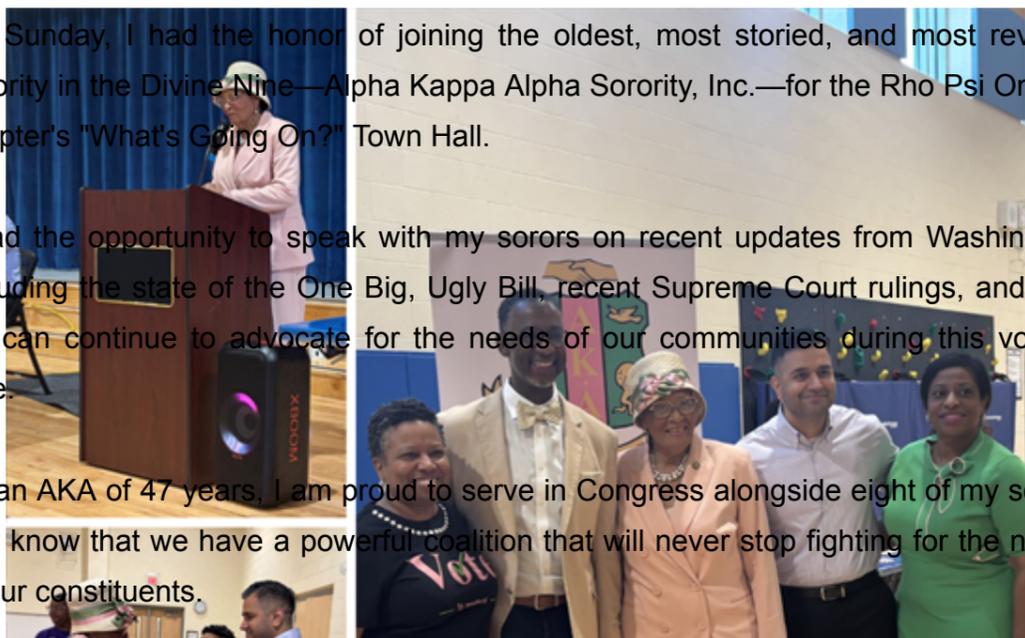
Food insecurity is one of the biggest issues facing our district and I'm grateful to Carolina Farm Trust for their work in keeping our community fed.

Rep. Adams Speaks at Alpha Kappa Alpha "What's Going On?" Town Hall

On Sunday, I had the honor of joining the oldest, most storied, and most revered sorority in the Divine Nine—Alpha Kappa Alpha Sorority, Inc.—for the Rho Psi Omega chapter's "What's Going On?" Town Hall.

I had the opportunity to speak with my sorors on recent updates from Washington, including the state of the One Big, Ugly Bill, recent Supreme Court rulings, and how we can continue to advocate for the needs of our communities during this volatile time.

As an AKA of 47 years, I am proud to serve in Congress alongside eight of my sorors and know that we have a powerful coalition that will never stop fighting for the needs of our constituents.



NEWS ALERTS



We're Hiring!

Green and Gold Congressional Aide

Open to:

- Veterans
- Gold Star Family Members
- Active Duty Spouses

Congresswoman
ALMA ADAMS
12th District of North Carolina

My office is hiring a veteran or Gold Star Family member for a two-year paid position in our Charlotte office.

To qualify, veterans must meet all the following requirements: Veterans must be Honorably discharged, released from active duty within the last six years, pay grades at or below E-5, O-3, or W-2. Veterans promoted to the pay grades of E-6, O-4, or W-3 within 6-months of separation from active duty are eligible, granted they meet ALL other eligibility requirements. Veterans who are in receipt of a 20-year or Temporary Early Retirement Authorization (TERA) retirement are not eligible for the program.

Gold Star applicants must be the spouse, parent, sibling, child or step-child of a service member who died in the line of duty, or died from a service-connected disability within four years of separation from the service.

People interested in applying can use the link below or contact my district office to learn more.

[Apply Here](#)

Congressional App Challenge Applications Now Open



My office is proud to announce our participation in this year's [Congressional App Challenge](#). This spirited competition provides an opportunity for students to learn how to code. It also encourages students to explore Science, Technology, Engineering, and Mathematics (STEM) while promoting innovation and engagement in computer science.

The Congressional App Challenge allows students to compete against their peers by creating an app of their choice for mobile, tablet, or computer devices. No background or experience in computer science is needed.

The deadline to register and submit a completed application is before 12:00 PM (noon) Eastern Time on October 30, 2025.

To learn more, click the link below.

[Learn More](#)

Presidential Leadership Scholars Applications Now Open



Presidential Leadership Scholars (PLS) – a joint leadership development program led by the presidential centers of George W. Bush, William J. Clinton, George H.W. Bush, and Lyndon B. Johnson – is now accepting applications through July 20 for its 2026 class.

For over a decade, PLS has selected established professionals across all job sectors and backgrounds to learn about leadership through the experiences of these four presidents.

During the six-month program, selected professionals will hone their leadership skills through interactions and sessions with key administration officials, business executives, and leading academics and form meaningful relationships with one another – learning from each other's divergent views and experiences. They will put their learning into action through a personal leadership project, intended to create positive impact by solving a problem or pressing issue in their community, organization, country, or the world.

[Learn More and Apply](#)

REMINDER: IRS Extends Tax Filing Deadline for North Carolina

As a result of the ongoing recovery from Hurricane Helene and Tropical Storm Debby, taxpayers in North Carolina are automatically eligible to file and pay their taxes later this year. The deadline was extended to Thursday, September 25 to file both federal and state taxes. If you have any questions about filing your taxes or need help with the IRS, please reach out to my office.

FINAL THOUGHTS



I know this is an uncertain time but we will navigate this together. I am staying in contact with all of our partners and I promise, I will never stop fighting for you.

Tax Filing Deadline Extended to Sept. 25

That's where I'll lay my hat this week, folks!

Sincerely,

Congresswoman Alma S. Adams, Ph.D.

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