

Hunger Does Not Take a Summer Break



From Nourish Up <coates-nourishup.org@shared1.ccsend.com>
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nourish up
Lifting our community
through food.



Summer is here, and while the school year may be drawing to a close for some, **hunger does not take a summer break**. In fact, the need is greater now than ever before. At Nourish Up, we, of course, have buying power and can purchase food in bulk. But when we receive food donations through food drives or via our Amazon Wishlist, we increase the **variety** of foods we can offer our neighbors in need - giving them a choice. And with choice comes dignity.

Send Groceries Now →

Please help us reach a critical goal of collecting **10,000 pounds** of food this week! Here's how you can help:

[Shop Our Amazon Wishlist](#)

A fast, easy way to donate - whether you're at home or on vacation. [Items ship directly to our door.](#)

[Donate Food](#)

Drop off non-perishable food items at our new location:

901 Carrier Drive, Charlotte, NC 28216

Donation hours: **Monday – Friday; 9 a.m. – 4 p.m.**

[View our priority needs list](#)

[Host a Food or Fund Drive](#)

Inspire others to get involved while raising awareness of food insecurity. We can give you all the tools you need for a successful drive.

[Learn more](#) →

[Donate Funds](#)

Financial donations help us purchase perishable items such as fresh meat, dairy, and fresh produce. **[\\$1 = 4 pounds of food.](#)**

Your donations serve our neighbors in need.

Thank you.

**It is our mission to nourish our neighbors
with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

www.nourishup.org



Nourish Up | 901 Carrier Drive | Charlotte, NC 28216 US

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