

Tuesday's Table | Three Siblings, One Sweet Mission



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Date 2025-05-13 10:12



In the summer of 2024, as young siblings Gigi (7), McKnight (4), and Libby (2) began to notice people in Charlotte holding cardboard signs at intersections or in tents near the interstate, they started to ask questions. "It felt like the right time to discuss how some people are not as fortunate as we are and don't have houses or enough food for nourishment," said their mom Ashley.

Around the same time, the children were attending Vacation Bible School and learned about the organization Roof Above. Their eyes were opened to the fact that **there was something they could do**. They began to get more curious about how to help, "I could really feel their little hearts were wanting to make a difference," Ashley added.

The family decided to learn more about the organizations that their church, Myers Park Presbyterian, supports. After discussing the options and what each agency does, the kids decided they wanted to raise money for **Nourish Up**.

Together, they brainstormed some different ways that they could collect funds and decided to set up a lemonade stand on their street. They set a goal of raising \$400.

"One trip to the grocery store, lots of lemons, and one colorful poster later," Ashley described, "and they were on their way!"

Big sister Gigi was so focused on achieving their goal that she decided she would sell her own bracelets as well. "So, there we were with a **lemonade and bracelet stand**. We set it up 3 to 4 times over the course of the summer to reach the goal number," Ashley added. "They were not about to let me forget the goal we set!"

"When I donated the money online, the kids received a nice note from Nourish Up in the mail, and that made them so proud," Ashley added.

I always wondered why somebody doesn't do something about that. Then I realized, I AM somebody. — Lily Tomlin

Friends, the need in Charlotte is greater than ever before. With recent federal cuts to the USDA emergency food program, it will **cost Nourish Up almost \$1 million** to replace those fresh and frozen commodity food sources for our neighbors in need while also supporting local farmers. In addition, as spring turns into summer, thousands of children in our city will lose access to school breakfast or lunches. What a great time to engage the youngest among us, host a lemonade stand or food drive, and feed those who need it. We are grateful for selfless, thoughtful kiddos like Gigi, McKnight, and Libby. They know first-hand that **every dollar counts**. Let's all be inspired by their creativity and generosity.

In service,
Tina Postel, CEO, Nourish Up

Get Involved

**It is our mission to nourish our neighbors
with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

Volunteer

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www.nourishup.org



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