

## Tuesday's Table | Celeste's Story



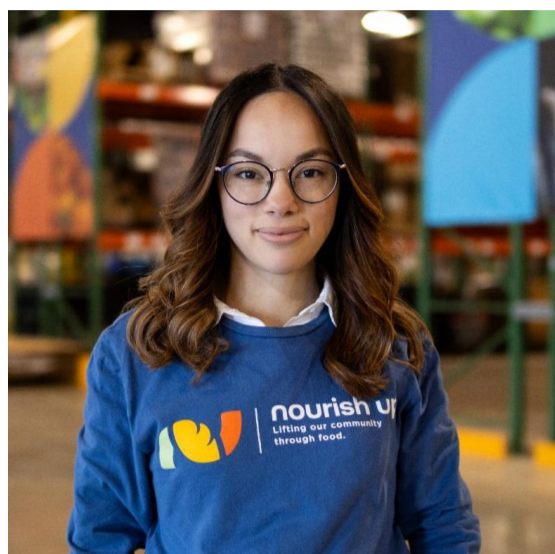
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**nourish up**  
Lifting our community  
through food.

## TUESDAY'S TABLE

Sharing stories of inspiration and hope.



### "This, is my problem."

In 2022 a girl moved out of her family's house to live in her first apartment ever, and if you know anything about moving out is that it is hard for a second! She was employed and had that apartment, but she saw herself in the beautiful stage of learning how to be an adult.

She needed to learn how to manage her money in order to pay rent, bills, and on top of that, groceries. Her problem was that she didn't have a reliable source of

transportation and there were no walking distance grocery stores, but she did have a great church community that was able to help her.

That's where Nourish Up comes into the picture, she got connected to a referral and someone chose to deliver the groceries straight to the doorstep of her apartment. Wow! She hadn't felt that supported in quite a while, since the road leading to that moment had already been a little bumpy.

### Someone made her problem theirs. That girl was me. And you chose to make my problem your problem.

Yesterday, I saw Courtney picking up a piece of cardboard from the front, she didn't throw it there, she was just heading out, but she picked it up and threw it away. She made it her problem.

Many times, I am unable to get some items from the warehouse, and the team (aka: Tim and Jay) jokingly blame it on my height! Can you believe it?! Aside from that, I have never heard them say "I can't."

They always make it their problem.

Other times, I've even had personal issues and have shared it with some of you, and you've cared in such a deep way, I didn't feel so lonely anymore, because you made it YOUR problem.

I want to give a little encouragement that will sound more like a compliment: thank you for making it your problem! If it wasn't for every single one of you who CHOOSES every day to come and make our communities problems your problem, I wouldn't be able to stand here and be a testimony of your hard work.

And I use the word CHOOSE intentionally, because you choose to come and give your best effort to be a team player and help our community. We don't only impact others through what we serve, it all starts from the inside out. How you choose to do things inside will reflect out in the field, in our pantries, our volunteer groups, our partners. The first thing they see is a team that works together heading in the same direction.

So, I guess I should change the first line, I think it should be **This is OUR problem**. And guess what, you can't spell Nourish without OUR.

Again, thank you for all that you've done for our neighbors. 2022 Celeste and present Celeste will be forever grateful to this team.

*Many of you know Celeste, our Volunteer Program Assistant for 2+ years. Celeste shared the above Mission Moment at a recent All-Staff meeting. Celeste has moved to another nonprofit in Charlotte. We wish her well. She sure touched a lot of lives at Nourish Up.*

## Upcoming Events



Please join us at our 50th Anniversary Golden Gala as we celebrate and honor 50 years of Lifting our Community through Food and Compassion

**Golden Gala in the Hub**  
 featuring The Right to Party Band  
 (and our own Jay Gillard)  
 Saturday, March 22, 2025  
 6 p.m.  
 901 Carrier Drive  
 Charlotte, North Carolina 28216

[Tickets and Sponsorships](#)

**It is our mission to nourish our neighbors  
 with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

**Volunteer**

**Donate**

[www.nourishup.org](http://www.nourishup.org)



Nourish Up | 901 Carrier Drive | Charlotte, NC 28216 US

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