

What You Made Possible This Thanksgiving



From Nourish Up (formerly Loaves & Fishes/Friendship Trays) <coates-nourishup.org@shared1.ccsend.com>
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nourish up™
Lifting our community
through food.

formerly Loaves & Fishes/Friendship Trays

SO THANKFUL FOR YOU



“I thought I wasn’t going to have a turkey this year. I was worried.” [Meet Emily](#)

This has been a record-breaking season.

Through this October we served more individuals — 138,633 — **than in ALL of 2023** (137,806). And 2023 was a record-breaking year. So with one month to go, we already know that 2024 will be our biggest year in our 49-year (ALMOST 50) history of feeding neighbors in need.

Our Thanksgiving turkey distributions began Monday, November 18, and we didn't stop until late yesterday afternoon.

In the last 10 days we have:

- Fielded more than **5,363 phone calls** from neighbors in need!
- Made **referrals for 408 households, helping 1,332 neighbors** in need through our Social Services Team.
- Provided our **562 Meals on Wheels** recipients with **3,979 meals** and delivered **an extra 159 holiday meals** to more than **75 recipients**.
- Provided a **week's worth of groceries plus a turkey and fixins to 5,868 individuals** through our full-size pantries, mobile food pharmacies, and grocery home delivery program. Grocery Home deliveries were made to **434 households (1,059 individuals)**.
- Served turkeys, holiday fixins, and extra produce to an additional **4,483 individuals** through our Thanksgiving Pop-Up Food Shares.
- Collected **2,411 pounds of turkeys, 1,262 pounds of canned goods, 436 pounds of dry goods** and thousands of dollars from caring, compassionate donors at our Street Turkeys event alongside WFNZ and Second Harvest Food Bank just yesterday in uptown.

Each number above represents a neighbor that will have a full plate and a full heart this holiday thanks to our amazing volunteers, donors, and staff!

YOU are the magic and the miracle behind Nourish Up (formerly Loaves & Fishes/Friendship Trays). I am so thankful for you for standing by us and lifting us AND our neighbors throughout this season of need and a year of much transition.

I am humbly thankful for each and every one of you!

Happy Thanksgiving!



Tina Postel, CEO
Nourish Up

We have a new mailing address:

Nourish Up
PO Box 680791
Charlotte, NC 28216

**It is our mission to nourish our neighbors
with food and compassion.**

Nourish Up provides groceries, meals, and hope through a network of food pantries, grocery home delivery, and as the primary Meals on Wheels program for Mecklenburg County.

www.nourishup.org



Nourish Up | 901 Carrier Drive | Charlotte, NC 28216 US

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