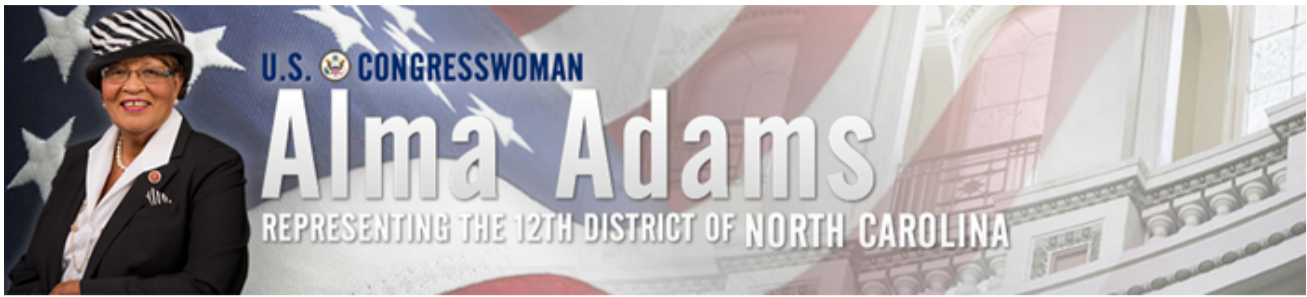


Adams Alerts 🇺🇸 - August 27, 2024



From Congresswoman Alma Adams <Alma.Adams@mail.house.gov>
To <sjohnston@tuesdayforumcharlotte.org>
Date 2024-08-27 10:46





Rep. Adams Cuts the Ribbon at CPCC's New Campus Wellness Center



I fought for and secured a \$575K grant in 2023 for Central Piedmont Community College's new Campus Wellness Center, and last week, I was honored to cut the ribbon for it. This new center will protect and promote students' physical and mental health while providing them with a high caliber learning environment. It means a better educated and healthier workforce for Metro Charlotte.

Speaking with Vice President Kamala Harris

Two Fridays ago, I had the honor of greeting Vice President Kamala Harris as she arrived on the tarmac in Raleigh. It was even more special to celebrate this moment with my granddaughter Myrical, so she could see what the future holds for young women in America. Vice President Harris continues to make us proud.

This is a special moment for all of us, and it was a joy to experience it with Myrical.

Three Million Safe Hours at Trane Technologies



Last week, I had the opportunity to tour the Charlotte manufacturing facility for Trane Technologies, which is headquartered in my district in Davidson, North Carolina. I was joined by Senator Thom Tillis. What a tremendous accomplishment for them to be celebrating three million working hours over the past 10 years with no workplace incident. As a member of the workforce protections committee, I am very proud of the care and the intention Trane CEO Dave Regnery takes to ensure that his workers are safe and that this process is repeated throughout their facilities around the world. This is why we fight for legislation that protects the safety of our workforce and it's made even easier when company leaders understand that the well-being of their people should be their top priority.

Charlotte Pride Opening Ceremony



It was my pleasure to join Charlotte Pride for the opening ceremony of their annual festival on August 17th, and I want to thank them for inviting me. I will continue to be an ally for equality by supporting legislation like H.R. 3583 and the Equality Act in the House of Representatives that ends discrimination against and provides protections for the LGBTQ+ community.



The Inflation Reduction Act is Lowering Healthcare Costs for Millions of Americans

The background of the graphic is a collage. On the left, a hand is shown dropping a coin into a white piggy bank. At the top left, a man in a suit is speaking at a podium, with a woman clapping next to him. At the bottom right, there is a close-up of a calculator and some papers, including one that appears to be a tax form with fields for "Employee Information" and "Social Security Number".

Thanks to the Inflation Reduction Act, NC-12 residents insured through the Affordable Care Act save

\$610 a year

on their health insurance

President Biden and Vice President Harris have made expanding access to high-quality, affordable health care and lowering prescription drug costs for American families a top priority. Thanks to the Inflation Reduction Act, health care is more accessible and more affordable than ever before. In just the last two years:

- The law enhanced the Affordable Care Act's financial assistance that is available to consumers to purchase health insurance. Millions of Americans are saving, on average, about \$800 a year on their health insurance plans, with more than 80 percent of consumers able to find health insurance for \$10 or less a month.
- The Inflation Reduction Act capped insulin costs at \$35 for a month's supply and making recommended adult vaccines free. Four million Medicare beneficiaries are now saving on their monthly insulin costs, and over 10 million beneficiaries received a free vaccine, saving more than \$400 million in out-of-pocket cost.
- Drug companies that increase prices faster than inflation now have to pay a rebate to Medicare—which is translating into lower out of pocket costs for seniors.
- Next year, out of pocket drug costs will be capped at \$2,000 per year for Medicare beneficiaries, which is expected to save nearly 19 million seniors an average of \$400 per year.
- The Inflation Reduction Act – for the first time ever – gives Medicare the power to negotiate lower prescription drug prices. Just this week, the Biden-Harris Administration announced new, lower prescription drug prices for drugs that treat heart disease, blood clots, diabetes, cancer, and more by nearly 40% to 80%. The new, lower prices, which go into effect in 2026, will save American taxpayers \$6 billion and will save seniors and people with disabilities \$1.5 billion in out-of-pocket costs in 2026 alone.



Testimonial from Veteran Constituent Jessie Allison III:

We love helping our constituents, and sometimes they like to share about their experiences with us. If you ever need help with any federal agency, please do not hesitate to call or email my office. My staff is ready to help you, like we did for Jessie:

Constituent Testimonials

Jessie Allison III



I am a disabled veteran with terminal melanoma cancer and I needed Congresswoman Adams' office and associates to assist me with full disability coverage and from start to finish. The office personnel were very professional and helpful. I truly believe that without her help I would not have been granted my benefits and I'm so grateful. I would recommend her and her office to any veteran needing benefits assistance and will refer her to anyone moving forward with these complications. Your assistance has also been a help for my children, immediate family and my home as a whole. May God bless you exceedingly, abundantly and beyond all your desires. Thank you so much!!!!!!

Thank you for the opportunity to assist you with your inquiry. We appreciate your testimony.

Office of Congresswoman Alma Adams, Ph.D.

Congresswoman
ALMA ADAMS
12th District of North Carolina



@repadams



@Congresswoman Alma S. Adams, PhD



Donald M. Payne International Development Fellowship Applications are now open



PAYNE
INTERNATIONAL
DEVELOPMENT
FELLOWSHIP



Exciting news! The highly prestigious Donald M. Payne International Development Fellowship [application is now open](#). The fellowship was named for Congressman Donald M. Payne. I had the joy to work with his son, my dear friend, Congressman Donald Payne, Jr., who represented the same seat and who tragically passed away this year. Both men believed in the power of peace, diplomacy, and humanitarian aid, and this fellowship reflects their vision.

This unique opportunity is for those who aspire to a career in the United States Agency for International Development (USAID). This year's applicants must be college seniors or graduates under the age of 56 who plan to start a two-year graduate program at a U.S. institution in Fall 2025 and are interested in a career with [USAID Foreign Service](#).

The fellowship's staff will host an application overview webinar on Tuesday, August 27, 2024, at 6:30 PM. They will navigate the Donald M. Payne Fellowship application and answer questions regarding the application, its timeline, and required documents.

The login information is listed below. If you know anyone interested in a career with [USAID Foreign Service](#), please consider sharing this with them.

Join Zoom Meeting

[https://howard.zoom.us/j/88207021890?
pwd=tbmjVwwZP9yLbdZj4ZjbFBDVmWmSrn.1](https://howard.zoom.us/j/88207021890?pwd=tbmjVwwZP9yLbdZj4ZjbFBDVmWmSrn.1)

Meeting ID: 882 0702 1890

Passcode: Payne2025



**Military Service
Academy Nominations**

Applications will be sent via email
to all students who have completed
the interest form online.

Website
Website: adams.house.gov
Serving You Tab > Military Academy Nominations

Email date:
Monday September 2, 2024

Congresswoman
ALMA ADAMS
12th District of North Carolina

Visit: adams.house.gov    @repadams  Congresswoman Alma S. Adams, PhD



**CONGRESSIONAL
APPCHALLENGE**

Middle and High School students
may register at
congressionalappchallenge.us

Deadline for Submissions
Thursday, October 24, 2024

For more information contact
Julian Holland
Email: Julian.Holland@mail.house.gov

Congresswoman
ALMA ADAMS
12th District of North Carolina

Visit: adams.house.gov    @repadams  Congresswoman Alma S. Adams, PhD

While Congress is in District Work period, I have had the opportunity to speak with many of you as I travel throughout the 12th district. While I could not accept every invitation, I look forward to seeing you at upcoming events in the weeks ahead or hearing from you through our [contact page on my website](#).

I wanted to remind young people in my district to look out for opportunities coming up this autumn, including nominations to the military academies and the Congressional App Challenge. Click on the images above to learn more, or email our District Liason, Julian Holland, at Julian.Holland@mail.house.gov.

Be sure to follow me on [Facebook](#), [Instagram](#), or [Twitter](#) for immediate updates throughout the week and to see some of my other activity over the past two weeks.

That's where I will lay my hat this week.

God Bless,



Congresswoman Alma S. Adams, Ph.D.



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