

## Introducing my guide to Simplifying The Hustle



**From** Sherrell <sherrell@sherrelldorsey.com>  
**To** Steve <sjohnston@tuesdayforumcharlotte.org>  
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Simplifying the Hustle to Create a Beautifully Ambitious Life

Have you ever felt like your life is on autopilot, running through the motions without much thought? I certainly have. It wasn't until a significant upheaval in my professional life forced me to reassess my habits and priorities that I realized the importance of intentional living.

Last year, I sold my company, let go of my employees, and embarked on a journey to regain balance and inner peace after years of relentless hustle. Through introspection and experimentation, I discovered a central idea: *anything can be changed, simplified, and optimized for greater ease and effectiveness.*

I'm excited to announce the release of my new ebook, [\*Simplify The Hustle: A 21-Day Guide to Balancing Work with Ease and Intention.\*](#)

This guide is the culmination of my journey—a practical resource designed to help you transform your habits, streamline your workflows, and achieve your goals with greater ease.

## Get Your Guide Now

As a valued member of my network, I'm offering you an exclusive 10% discount on each "Simplify The Hustle" ebook, audio, and strategy package.

Use the code **STHLAUNCH** at checkout to redeem.

Inside, you'll find easy-to-follow tools and daily exercises that will empower you to make small, meaningful changes in your life. Whether you're looking to enhance your professional productivity or cultivate a more mindful approach to your daily routines, this guide has something for everyone.

### What You'll Learn

Day 1-7: Mindset and Foundation - Daily insights and exercises focused on reshaping your mindset around success, ambition, and balance.

Day 8-14: Practical Strategies for Work-Life Balance - Techniques and tools for managing your workload, automating tasks, and setting boundaries.

Day 15-21: Implementing and Sustaining Change - Steps to

integrate the principles of simplifying your hustle into your ongoing routine, ensuring lasting impact.

Join me in embracing a simpler, more intentional way of operating. Let's lean back into our goals with confidence and clarity.

I'm proud of you.

-[Sherrell](#)

## SAMPLE CHAPTER OF SIMPLIFY THE HUSTLE

### Day 1: Rediscover Your Mission and Vision

*I will never regret the time I put in to get to the level of access and opportunity I have now. My only modification would have been to ask more questions, invest sooner, spend less time on the wrong things, and identify my goals with more clarity.*

—Sherrell Dorsey

In the midst of your busyness, have you forgotten why you started? It's all too easy to pile on a multitude of things that we think are important but are ultimately not essential. To rediscover your mission and vision, try reorienting yourself to focus on why you got started doing what you're doing in the first place. This will help you establish a stronger precedence for how you can create simplicity not just in your professional life, but also in your home life and relationships as well.

Start by mapping out your goals and confining them to a timeframe, whether it's two months or two years. Maybe you want to develop a healthier fitness habit in order to cultivate the best version of yourself, or perhaps you want to get five hours back in your week by eliminating the nonessentials. Today, allow yourself the space needed to reconnect to the true essence of your vision, free of outside influence.

#### How to simplify your vision?

- Sit down and create a personal mission statement. Ask yourself:
- What are my core values?
- What goals am I looking to accomplish?
- Who do I want to help?
- What unique value do I want to bring to the table?

Map out your goals however you need to, whether that's by month, by quarter, by year, or by milestone. Next, separate your goals into the buckets of personal and professional. Make sure your mission statement not only motivates you but challenges you to be the best version of yourself and optimizes your talents and values for the greatest impact. Set the stage for the next 20 days so that your actions, from this day forward, will begin to reflect your mission across all that you do.

245 N HIGHLAND AVE NE, STE 230 #873, ATLANTA, GA 30307

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