

Issue 9

October 2023

The Buzz

Community Newsletter

Inside this issue:

- My Obamacare
- FREE TRAINING from NCIA
- Parker & Co. presents a Welcome to Wellness event
- Eastway Church of God Fall Festival
 - Demonstrating Love Event
 - Medicare Medicaid Advisors, Inc.
- Big Boys DO Cry Empowerment Luncheon
- Genesis Project Services

And much more!!



my**@**bamacare



No Cost
Plans



No Cost
Doctor Visits



Prescription
Drugs



Mental Health & Substance
Abuse Screenings

NO COST 5 MINUTE ENROLLMENT

**833-MY-OBAMA
833-696-2262**



my**@**bamacare



Mammogram/Pap
Smear Screening



Prostate
Exam



Free
Preventive
Care

All plans also provide **Blood Pressure Screenings, Cholesterol Screenings, Diabetes Screenings** and MUCH MORE!!!

HEALTH IS WEALTH



Powered By:





Black Political Caucus of Charlotte-Mecklenburg

Media Contact: Caleb Theodros, Chairman
Email Address: blackpoliticalcaucus@gmail.com
Contact Number: 704-226-4242

P.O. Box 26809
Charlotte, NC 28221
www.bpc-charlotte.com

For Immediate Release

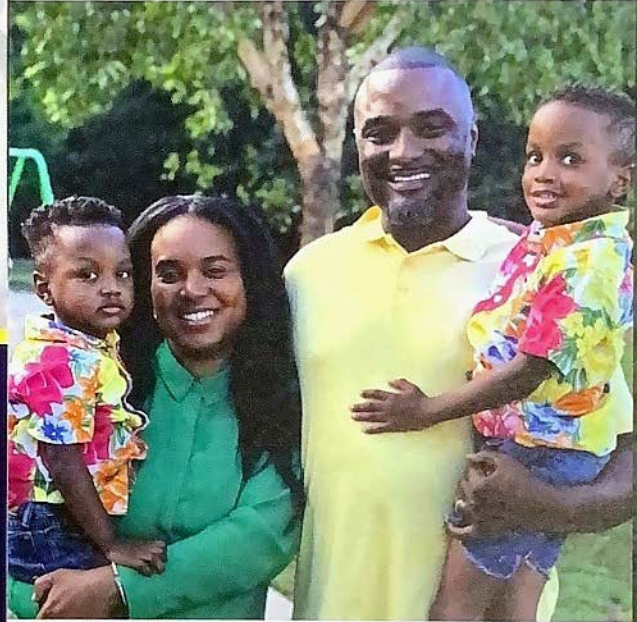
Charlotte, NC – October 11, 2023. The Black Political Caucus of Charlotte-Mecklenburg (BPC) 2023 General Election Candidate Endorsements. As African-Americans are lead advocates for the care of our families and communities, we must support legislation and public policies that speak to mass incarceration, education, affordable housing, economic development, and access to wealth. In order to have an effective and inclusive government, leadership must work collaboratively with all of their constituents. Therefore, we endorse and support the following candidates who share our principles and have demonstrated the vision and ability to conduct a competitive campaign.

MAYOR
CITY COUNCIL AT-LARGE
CITY COUNCIL AT-LARGE
CITY COUNCIL AT-LARGE
CITY COUNCIL AT-LARGE
CITY COUNCIL DISTRICT 3
CITY COUNCIL DISTRICT 6
Charlotte-Mecklenburg School Board At-Large
Charlotte-Mecklenburg School Board At-Large
Charlotte-Mecklenburg School Board At-Large
Cornelius Town Commission
Mayor of Huntersville
Huntersville Town Commission
Huntersville Town Commission
Huntersville Town Commission
Huntersville Town Commission
Huntersville Town Commission
Mint Hill Town Commission
Pineville Town Council

Vi Lyles
Victoria Watlington
LaWana Slack-Mayfield
James Mitchell
Dimple Ajmera
Tiawana Brown
Stephanie Hand
Monty Witherspoon
Lenora Shipp
Shamaiye Haynes
Thurman Ross
Christy Clark
Edwin Quarles
LaToya Rivers
Jennifer Hunt
Alisa Bergsman
Amanda Dumas
Twanna Henderson
Danielle Moore

Do you vote to endorse authorizing \$2.5 Billion dollars in bonds to support capital projects in 30 Charlotte-Mecklenburg Schools?

Yes



DR. MONTY
WITHERSPOON
SCHOOL BOARD

"As a CMS parent, Olympic High School graduate '98, and pastor, I will fight for the success of all students"

witherspoonforstudents.com

STUDENT ACHIEVEMENT

SAFE LEARNING ENVIRONMENTS

SUPPORT FOR TEACHERS

STRONG COMMUNITY COALITIONS

SYSTEM-WIDE ACCOUNTABILITY





NCIA
Vocational
Training
Center

ncia

ENROLL TODAY FREE TRAINING

HVAC AUTOMOTIVE REPAIR

Job Placement Services Included



WHO CAN ENROLL?

- ✓ Live in Mecklenburg County
- ✓ Ages 18 and older
- ✓ Meet eligibility requirements
- ✓ Call for more details!

PROGRAM BENEFITS:

1:1 Support throughout the program and up to 12 months upon completion.

Assistance accessing services and benefits, plus barrier removal resulting in employment!

Industry-recognized certifications

15-17 week training cohorts

ACCESSIBLE BY THE BUS LINE

**CLASSES RUN MON-THURS
9AM-1PM OR 1PM-5PM**

ENROLL NOW!



Contact Us!
VTCCharlotte@ncianet.org
704.666.3070



More information
vtc.ncianet.org



Our Location
517 Blairhill Rd.
Charlotte, NC 28217

Ribbon Cutting Ceremony

Mecklenburg County cordially invites you to the ribbon-cutting ceremony for the new

Ella B. Scarborough Community Resource Center

430 Stitt Road, Charlotte, NC 28213

Wednesday, October 25, 2023
9:30 – 10:30 a.m.

Please RSVP at
<https://meck.co/3t2UxQg>

Optional tours immediately following ceremony.



MECKLENBURG COUNTY
North Carolina



You're NOT Alone

Need Help?

Suicide and Crisis Lifeline

Call or Text

988

or Text HELP to

741741



EASTWAY CHURCH OF GOD

FALL FESTIVAL

October 28th, 2023

11:00AM - 5:00PM

**AT EASTWAY
CHURCH OF GOD**

**1131 EASTWAY DRIVE,
CHARLOTTE NC, 28205**

**LIVE MUSIC &
ENTERTAINMENT -
FOOD TRUCKS - KIDS
ZONE - ACTIVITIES-
& MORE**

FOR MORE INFORMATION CONTACT EVENT COORDINATOR
NAKIA ALEXANDER @704-560-6168

**VENDORS
WANTED**

**NO
VENDOR
FEE**

Demonstrating **LOVE**

**OCTOBER 28
12:30 P.M.**

Mt. Zion Christian Ministries
1019 Scaleybark Road, Charlotte, NC

**FREE FOOD,
FREE COTTON
CANDY, FREE
GOODIES BAGS,
FREE WE CARE
BAGS, PRIZES,
PRAYER, GAMES
& FUN!**



Contact: Connie Davis P:704.705.5077 E:impact@mzcm.church

Shelley Seegars
Licensed Insurance Agent

cell: 980.475.7114

customer service: 877.550.4555
shelleyseegars@askmmausa.com



**Medicare
Medicaid
Advisors, Inc.**

An Insurance Brokerage

1263 Arrowpine Drive
Suite A
Charlotte NC 28273
704.317.1480

www.askmma.com

Will assist in attain insurance



WELCOME TO WELLNESS

Who Are We?

Parker & Co. Wellness Group is a holistic health and wellness organization founded to promote a better quality of life through disease prevention and health maintenance. Meet our team as we offer a fun filled day of education and fitness.

The Agenda

- About Us, **Dr. Ashley Parker**
- Breast Cancer Awareness
- Warm up with Stretching, **Adrian Stitt**
- Dance Fitness, **Deidre Pratt**
- Mental Health Talk, **Janelle Stitt**
- Fall Gardening, **April Booker**
- Nutrition Education, **Chasidie Glover**
- Herbal Medicine, **Queen Johnson**
- Yoga, **EJ Chambers**
- Closing Remarks, **Raven Francis**

What To Expect

Vendors, DJ, Raffles, & Food Trucks

SUN OCT 29TH
2PM - 4PM

-  **15409 Beatties Ford Rd, 28216**
-  **(980)428-9577**
-  **parkerandcowellness@gmail.com**



Jesonda Productions Presents...

Saturday, Nov. 4, 2023

11am

Big Boys Do Cry

Empowerment Luncheon



Ylonda Powell,
Host & Founder

Special Guests:



Tyler Adams
Vocalist



Mitchell Jean, Panelist
Owner of JeanDreams Records &
JeanPro Security Services, LLC

Where: Revive Church
6621 Beatties Ford Road
Charlotte, NC 28216

Dance Tribute by Seeds
of Praise Academy



Trasha J Black,
PhD LCMHC
Executive Director
Genesis Project/
Groundwater Solutions, Inc.



Jamie Bell, Panelist
Motivational Speaker &
Life Coach



Wilburn C. Oziogu, Panelist
Esquire/Attorney



\$20.00 per person
(for teen and adult males only)



Scan QR Code
for ticket info.

Visit: bit.ly/464L4qe to purchase tickets!

Get ready for excerpts from the stage play Big Boys Do Cry, a tasty lunch, empowerment Word of encouragement & a panel discussion. Brothas, this is a time for healing & restoration...there is a KING in you! We salute and celebrate you! Call 980.288.8075 or email jesondap@gmail.com for more details

THE LQ FOUNDATION

Feeding the COMMUNITY



SAT 18TH NOV



5PM - 7PM



121 HARTMAN ST, GASTONIA, NC



**WE WILL BE PROVIDING
FREE HOT MEALS**

The
LQ
Foundation

**HOSTED AT T JEFFERS CENTER
FOR DROP OFF CALL: 980.277.0239
(PLEASE CALL NO LATER THAN 11-17-23)**

The
LQ
Foundation

WWW.LQFOUNDATION.COM



FREEDOM
FIGHTING DISADVANTAGES
PROVIDING OPPORTUNITIES



i am
iWE
FOUNDATION

W
WEEPING WILLOW
A.M.E. ZION CHURCH



LET'S EAT TOGETHER

15th Annual Thanksgiving with the Community

*Youth Basketball Games • Dance & Entertainment Performances
Free Thanksgiving Food • Music • Giveaways*



SATURDAY 18TH OF NOVEMBER

STARTS AT 12:00PM - 5:00PM

FOR MORE INFO TO DONATE / SPONSOR CONTACT:
DENNIS BURGESS 980.272.1198
EMAIL: IAMWEFOUNDATION@HOTMAIL.COM

CATERED FOOD SERVED AT 4PM
WEEPING WILLOW GYM
2220 MILTON RD. | CHARLOTTE, NC

Genesis Project

Changing the world... one family at a time!

Services Available

Individual Counseling
Family Counseling
Marriage & Couples Counseling
Peer Support Services
Intensive In-Home Services
Community Health and Support Services
Group Counseling
Substance Abuse Intensive Outpatient
Therapy
Sexual Trauma Therapy
School Advocacy
Crisis Intervention
COVID-19 testing, tracing, and vaccinations
All of our services are culturally sensitive and
can be provided in the office or home
settings.

The following methods of payment are
accepted:

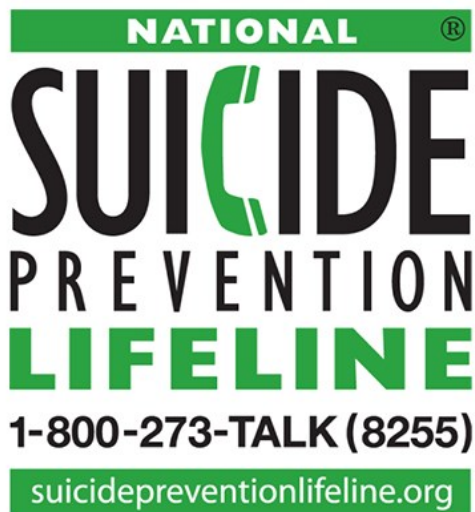
United Health Care
Blue Cross and Blue Shield
United Behavioral Health
Optum Health Behavioral Solutions
Tricare (Prime & Standard)
Aetna Healthcare
Cigna Healthcare
Medcost
NC Medicaid
NC HealthChoice
Sliding Scale Fee for Self-Pay Consumers

Genesis Project is moving forward into integrative services. To do so, we now have medical services at our center with a holistic approach, which means providing support that looks at the whole person, not just their mental health needs. The support should also consider their physical, emotional, social, and spiritual wellbeing. Come one come all or refer someone to get a medical evaluation.

Call 704-596-0505, TODAY!!!

Let's support the mission and the great opportunity of having a doctor supporting Genesis Project's program.





You're **NOT** Alone
Need Help?

Suicide and Crisis Lifeline
Call or Text

988

or Text HELP to
741741