

NCCAA Conference Preview #5 💜💙 Winston Salem - May 9-12



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2023 NCCAA Conference: It's Not Too Late to Register!

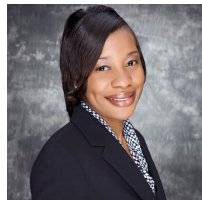
May 9-12, Winston-Salem, NC



[Guidebook](#)

[Webpage](#)

[Full Agenda](#)



Conference Spotlight

ReCharge Thyself! A Two-Part Session

Wednesday, May 10, from 10:45 AM to Noon & 1:30 PM to 3:00

Natasha Holley, Chief Executive Officer, Integrated Family Services, PLLC

Is the weight of the world on your shoulders with responsibility at home, work, and in the community? Do you often feel exhausted, overwhelmed, and stretched thin? Do you feel guilty and struggle with taking time for yourself? If the answer is yes, participate in this training to understand the importance of self-care and recharging to be your best self. This discussion will provide an opportunity for you to reflect on your stress and burnout level and the impact it has on yourself, and others connected to you.

Participants will explore self-care strategies and tips that can improve their mental health and well-being.



**A Few Things You Can Take Home and Use:
Branding and Communication Strategies**

Wednesday, May 10, from 10:45 AM to Noon

Angeline Schwab & Bill Graham, Communications and Development Strategists, Buris Chalmers Creative

The NCCAA communications team will provide an overview of branding and how to craft cohesive communications strategies in support of Community Action programs and initiatives. Each participant will receive a take-home workbook with tips, guidelines, questions and directions to support your agency telling the community action story.

It's Not Too Late! Join Our Board Summit

*Thursday, May 11, 2023 from 5:00 PM to 8:00 PM &
Friday, May 12, 2023 from 9:00 AM to 4:00 PM*

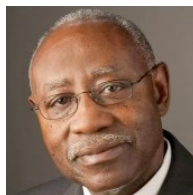
Join other board leaders from across North Carolina and hear from industry experts as they share tips and best practices to enhance your local board. This year, like the NCCAA Conference, we will focus on ways to recharge your board effectiveness and advocacy. Don't miss this chance to meet and share with other board leaders here in NC. Space is limited so click the link below to secure your spot today.

Registration



Dr. Teresa Hardee

Agenda



John W. Edwards Jr.



Hygiene Items needed for Day of Service

NCCAA's 2023 Day of Service will raise donations in the form of hygiene items for low-income housing residents in Winston Salem. Donations will be accepted at the conference registration desk.

Experiment in Self Reliance (ESR) empowers social and economic self-reliance for the low to moderate income population of Winston-Salem/Forsyth County.

Learn More About ESR

Important Medical Note

Proof of full COVID-19 Vaccination is required for all in-person attendees at the conference

Exceptions will be made for those who cannot receive the vaccine due to medical conditions only. If you have a medical condition that prohibits you from receiving the vaccine, a letter from a physician on their letterhead must be provided. Details on the individual condition are not required, but the letter must be from a physician that you are unable to receive the vaccine due to medical issues. Also, those with the medical exception will be required to provide proof of a negative test no older than 72 hours prior to arrival. Please email your exemption letter to registration@nccaa.net.

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