



## Two Strong Sources of Support for Those with Intellectual and Developmental Disabilities



A project of InReach since 1999, First In Families (FIF) partners with families, individuals and the community to fulfill the needs and life goals of families with developmental disabilities (including Autism, Down Syndrome, Cerebral Palsy or Traumatic Brain Injury). FIF offers support to families according to their self-defined needs.

Examples of support include computers, home furnishings or modifications, child care or respite, summer camps or repairs to vehicles. Support can also be connecting individuals to vocational, social, and educational opportunities.

### FIF CAN HELP WHEN ALL OTHER RESOURCES HAVE BEEN EXHAUSTED.

Our goal is to provide the families with the wellness resources required to believe in their dreams, achieve their goals, connect in their communities and give back to others. Those goals are realized through the funding FIF receives from donations, grants, the state, county, and fundraising events.

### TO BE ELIGIBLE FOR ASSISTANCE YOU MUST:

- Live in Mecklenburg County;
- Have a combined household income not to exceed the 300% Federal Poverty Guidelines;
- Be or live with a family member with a developmental delay or intellectual/developmental disability or Traumatic Brain Injury;
- Place or residence must be a house or apartment, not a licensed setting.

### WHEN APPLYING FOR THE FIRST TIME, APPLICANTS MUST PROVIDE:

- Proof of disability (i.e., psychological evaluation or medical record),
- Proof of income (i.e., pay stubs or public assistance award letters, or current 1040 tax return), and
- Proof of address (i.e., photo ID or current utility bill or signed lease agreement).

### TO APPLY:

If it has been more than one year since the applicant last applied, they must provide proof of income and proof of address. Vendor invoices/quotes must be submitted with all applications, if applicable.

- ▶ Find the First In Families Application at <https://www.inreachnc.org/first-in-families>

Applicants can also call our office (703) 536-6661 to request to have an application mailed or picked up from our office located at:

4530 Park Road, Suite 300, Charlotte, NC 28209

# INREACH

Providing services in the Charlotte/Mecklenburg community for individuals with special needs since 1974, InReach's work now expands into the eight counties surrounding Mecklenburg.

### AMONG THE SERVICES WE PROVIDE:

- NC Innovations Waiver Services (offered in the Alliance – {Mecklenburg} and Partners areas)
- B3 Services – Medicaid/I-Options
- Community Works
- Coordination of Day Activities, Community Engagement, Enrichment Classes and Volunteer Involvement
- Employment Support and Job Coaching
- First In Families
- Apartments, Group Homes, Independent Community Housing and Supervised Living.

InReach promotes independence, offers safe, affordable housing options, connects individuals with employment, volunteer, and community activities/resources.

**Call us to explore the many ways we can help support a richer, fuller life for those with special needs.**

**704.536.6661** ■ [www.InReachNC.org](http://www.InReachNC.org)  
[Info@InReachNC.org](mailto:Info@InReachNC.org)



### ▶ HOW YOU CAN HELP

**We always welcome the helping hands of volunteers and interns!** If you have an interest in becoming a volunteer or making a donation to FIF, contact Keiba Young, Project Coordinator, at 704-536-6661 x437 or [fifadministration@inreachnc.org](mailto:fifadministration@inreachnc.org).