

Today's Question...

Are You Emotionally Intelligent?





Today's Question...

Are You Practicing Emotionally Intelligence?



A People Development Company



Mic Alexander
President
Certified El Trainer, Coach
Author of Image is Power







Certified International Society for Emotional Intelligence

The International Society for Emotional Intelligence (ISEI) is a non-profit educational organization that brings together researchers, scholars and professionals from around the globe who are interested in applying the principles of Emotional Intelligence (EI).

Mic Alexander





MIC ALEXANDER

Has completed the twenty-four hour

Emotional Intelligence Professional Training Program

And is qualified as a

Level II Practitioner

John Pellitteri, Ph.D. President & Cofounder.

International Society for Emotional Intelligence

October 3-5, 2014 Queens, New York, USA

http://www.EmotionalIntelligencesociety.org/

John Pellitteri, Ph.D.
President & Cofounder,
International Society for Emotional Intelligence

Johns ellither

Queens, New York, USA







Safe

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Definition

Emotional Intelligence





Emotional Intelligence is the ability to process information about your own emotions and other people's. It's also the ability to use this information to guide your thoughts and behavior.

Peter Salovey and John Mayer- 1990

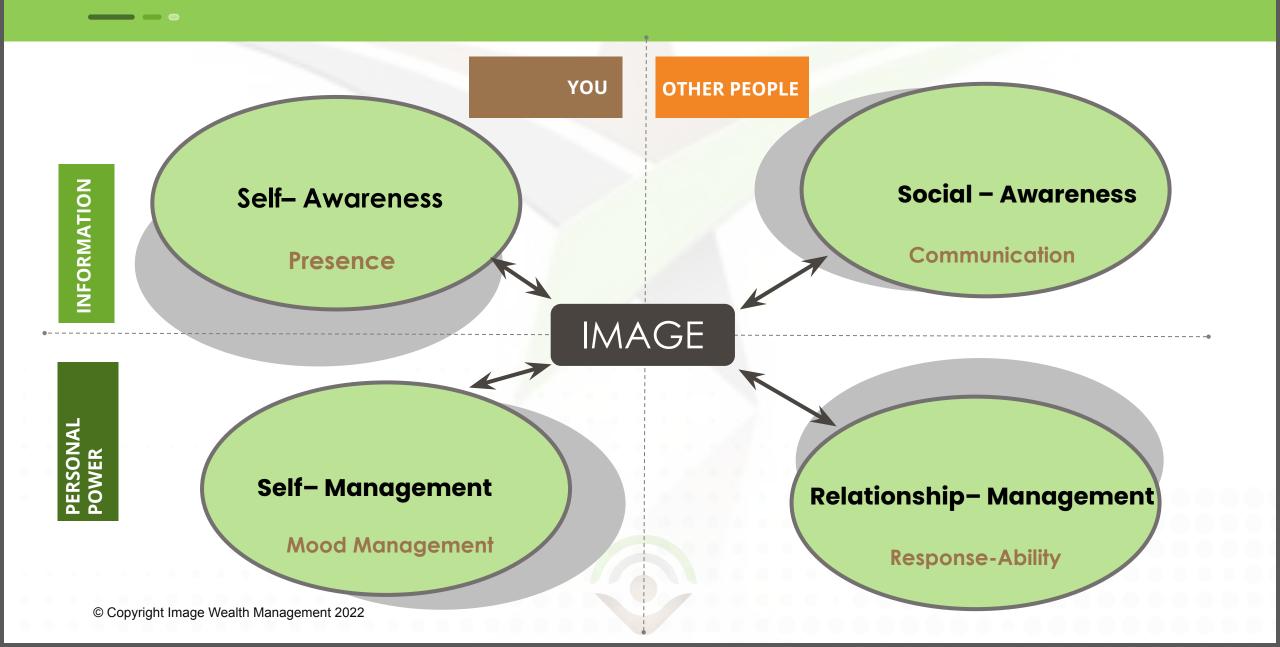








Emotional Intelligence Phases



Emotional Intelligence Phases

YOU **Self-Awareness** INFORMATION

Presence

Understanding your emotions

Self-Management

Managing your emotions

Mood Management

OTHER PEOPLE

Social - Awareness

Understanding the emotions of others

Communication

Relationship Management

Building harmonious relationships

Response-Ability





















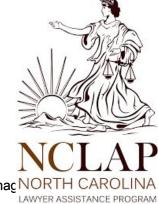


















Why El in Business?

The Objective...

To use the *information*

from our emotions to

guide us to more

intelligent decisions

that support our

performance, goals,

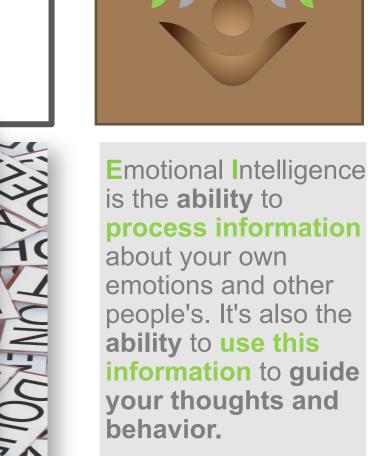
relationships...our





Emotional Intelligence

Recognize, Understand, and Manage Emotions



Peter Salovey John Mayer- 1990





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Learn – Practice – Improve El











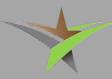


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Green Zone Talks Host



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- of Support Group for YOU as Professionals
- Opportunity
 to Practice and Learn!
- 03 1-ON-1 COACHING at REDUCED RATES!
- Employee Membership DISCOUNT

05 EI CERTIFICATION!

August **Green Zone Ta**

Open to the Public!

Guest Speakers

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OPEN TO THE PL

Shaunne Thomas CBI Assistant Program Manager (Guest Speaker)



and the

Topic

I Intelligence

SIRM

Mic Alexander President, Image Wealth (Host)

Jim Link Chief Human Resources Officer, SHRM

(Featured Speaker)



in th

Green Zone Talks

Chad Turner

EST.

and

Anita Staton

FREE ZOOM LINK FOR THE EVENT IS POSTED! **AUGUST 18, 2022 AT** 12:00 PM TO 1:00 PM

LIVESTREAM VIA LINKEDIN @ IMAGE WEALTH PAGE.

www.lmageWealth.com

Hosted by

Mic Alexander



Topic: Re THURSD

ZOOM LINK

Ms

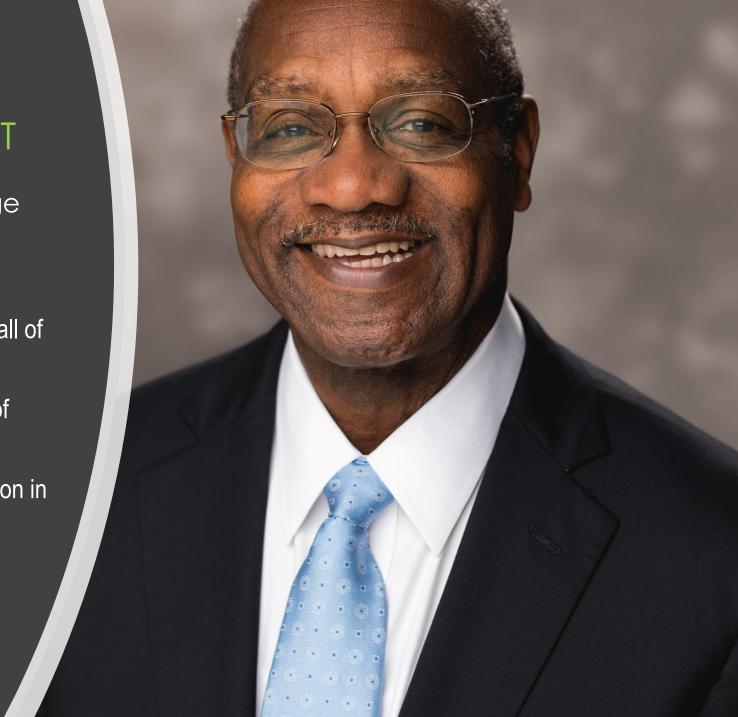
Mr

FEBRUARY GZT

Thurs. 2.16.23 11am EST

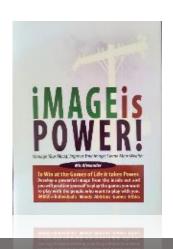
Arthur Griffin, JR. – Comm. At-Large

- Board of County Commissioners, representing all of Mecklenburg County's 1.2 million residents.
- 17 years on the Charlotte-Mecklenburg Board of Education - Chairman from 1997 to 2002
- Retired as a Senior VP for McGraw-Hill Education in New York.
- Retired as a Lieutenant Colonel US Army



A People Development Company







Mic Alexander

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