# Caregiver TLC Advisory Board Update



FromJennifer Ramsey <rjennife@uncc.edu>Bcc<sjohnston@tuesdayforumcharlotte.org>Date2023-01-13 12:14

## Hello Everyone,

Thank you again for your continued support of the Caregiver TLC Program. We wanted to update you on our current progress and upcoming events.

# Upcoming Events:

We would like to thank Southminster for the continued funding of the Caregiver TLC Program. We would like to invite you all to Southminster's Community Partner Fair on January 31st at 11:00 am.

Southminter is located at:

8919 Park Road Charlotte, NC 28210

Community partners serving older adults in the greater Charlotte area will be present to discuss their services. Dr. Montoro-Rodriguez will also be present to provide information about the ongoing Caregiver TLC project and plans for the coming year 2023-2024.

### Workshops:

We are pleased to report that to date, we have successfully completed 14 Caregiver TLC Workshops. We could not offer the Caregiver TLC Program without your support and would like to thank all of you and our Workshop facilitators for your continued efforts to promote caregiver well-being and supportive services in our community.

#### Facilitators:

Many thanks again to Sheryl Gerrard and Jewish Family Services of Greater Charlotte, Leah Cooper and The Ivery, and Venitra White-Dean and The Frankie Mae Foundation for offering the Caregiver TLC workshops to caregivers in your organizations in efforts to embed the workshops and provide sustained support for caregivers in our community.

We are also pleased to report that Sheryl Gerrard successfully completed the Master Trainer course with Dr. Ann Bilbrey and is working to train professionals of Jewish Family Services of Greater Charlotte in the Caregiver TLC Workshop delivery.

We would also like to thank Claudia Kajiyama, Jesse Granger, Patrina Johnson, Ashlon Reeder, Lindsay Shytle, Nyema Sampson, Malika Moore, Jennifer Gruber, and Dorisse Shakir-Ullah for successfully completing the Caregiver TLC facilitator training with Dr. Ann Bilbrey. Thank you all for your efforts to support caregivers in our community and we look forward to offering Workshops with you in the new year.

#### **Recognized Contributions to Caregiver Research:**

We would also like to thank Dr. Dolores Gallagher-Thompson for her oustanding body of work and dedication to supporting caregivers. Dr. Gallagher-Thompson was recently recognized for her amazing work as a champion of caregivers by the Family Caregiver Alliance: <u>https://www.caregiver.org</u> /news/fca-recognizes-champions-of-caregivers-for-2022/

## Presentations:

To date, we have presented on the CaregiverTLC program progress and preliminary data at the following events/conferences:

2nd Conference on Caregiving Research: Building Bridges: Advancing Family Caregiving Research Across the Lifespan. September 30 - October 1, 2022. This conference is organized by the *The National Rehabilitation Research and Training Center on Family Support at the University of Pittsburgh and the University of Pittsburgh.* Website: <a href="https://www.caregiving.pitt.edu/2nd-conference-caregiving-research">https://www.caregiving.pitt.edu/2nd-conference-caregiving-research</a>.

The Gerontological Society of America Scientific Meetings in Indianapolis, **November 2-6, 2022**. Caregiver TLC: A Virtual Psychoeducational Program for Caregivers: Baseline Preliminary Data. Website: <u>https://www.gsa2022.org/</u>

Thank you for your continuous support of caregivers in our community.

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