

### **Our Mission**

**Let's Talk About It...The Autism Center, Inc.** was established to help people with Autism Spectrum Disorder (ASD) and their caregivers to maximize their opportunities and life experiences. We offer IEP support, advocacy, behavioral interventions, sensory management support, and corporate training to promote the inclusion of people with ASD into their organizations. Additionally, we facilitate workshops and support groups as we strive to build a sense of community among our caregivers and their loved ones with ASD.

## **About LTAI-TAC**

Let's Talk About It...The Autism Center, Inc. informs the community about the challenges and capabilities of people on the autism spectrum. We educate organizations and companies regarding ways to facilitate the inclusion and integration of people with autism in an effort to facilitate employment, volunteer, and socialization opportunities for them. Likewise, we provide programming to promote hope, health, and a sense of community for caregivers and their loved ones with autism.

# **Our Programs**

Using a holistic and communal approach that involves caregivers, families, and communities, we seek to address the needs and complement the strengths of our target population through:

Caregiver Education & Support We assist families with the implementation of success strategies and systems ensuring they are aware of their options and how to best advocate for their loved one with ASD.

Life Skill Development We assess the behavior, capabilities, and existing routines of individuals with ASD to identify challenges and make recommendations based on ASD best practices. Formulating a customized action plan from assessment findings, we help to develop the life and vocational skills of persons on the autism spectrum ensuring they have the necessary tools to achieve their highest aspirations.

#### **Community Education & Advocacy**

Through private and public partnerships, we deliver education and training to individuals, employers, schools, daycare centers, and public-facing professionals to reduce misconceptions related to ASD and equip workshop attendees with the skills required to effectively engage with and/or support individuals with autism.

#### **AUTISM BY THE NUMBERS**



\$60,000 a year to care for a child with autism

of parents have to reduce or stop work

"We are keeping autism on the table and in the conversation."

# **Our Partnerships**

### City of Charlotte NC CIT of Mecklenburg County

**TIAA-** Nationwide monthly employee workshop series **Charlotte Lab School-** Parent and caregiver support **Autism in Color-** Corporate consulting and advocacy

## Award-Winning Performance

Our passion for Autism Spectrum Disorder advocacy is visible through our performance, and we are proud to be the recipients of the following awards:.

2021 CIT Supporter of the Year
2021 Dr. Annie Lawrence Mental Health Award
2021 Eustress Community Organization of the Year
2019 Crisis Intervention Team Member of the Year
+1.5K Autism in Color International Podcast Downloads

1 in 44
U.S. children diagnosed
increase in prevalence since 2000

of caregivers desire stress management strategies

#### Contact

Prepared by Let's Talk About It- The Autism Center La Becky Roe- Executive Director info@letstalkautism23.com | 704-835-3605