

Upcoming presentations and activities related to the Caregiver TLC program



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2 0 2 1 F L Y E R CaregiverTLC Final draft.pdf (~702 KB)
 June 2022 Continuing Conversations CaregiverTLC.pdf (~149 KB)

Hello,

On May 29, 2022 we presented a paper on the CaregiverTLC program at the **World Carers Conversation**, a global, virtual event with the support of EMD Serono and Embracing Carers. Innovators, researchers, policymakers and carer advocates from around the globe learned about advancements in the field, got inspired, and made connections that matter for the future of carers everywhere. This virtual summit highlighted innovations in caregiving research, practice and policy from around the world. The **recording of the sessions will be available this month and the presentation slides** are posted at <https://www.caregiving.org/world-cares-conversation-2022/> and <https://www.caregiving.org/wp-content/uploads/2022/05/WCC22-Master-Deck.pdf>

We will present on the CaregiverTLC program progress and preliminary data on the following events/conferences:

1. We will offer a Continuing Conversations webinar with Venitra White-Dean, CDP on **Sunday, June 26 at 3:00pm (ET)** to speak on the topic of "The Frankie Mae Foundation - Care For The Caregiver". Join in to learn about respite care and other resources provided to family caregivers by The Frankie Mae Foundation.
2. We will present at the 2nd Conference on Caregiving Research: Building Bridges: Advancing Family Caregiving Research Across the Lifespan. **September 30 - October 1, 2022**. This conference is organized by the *The National Rehabilitation Research and Training Center on Family Support at the University of Pittsburgh and the University of Pittsburgh*. Website: <https://www.caregiving.pitt.edu/2nd-conference-caregiving-research>.
3. The Gerontological Society of America Scientific Meetings in Indianapolis, **November 2-6, 2022**. We will present on the *Caregiver TLC: A Virtual Psychoeducational Program for Caregivers: Baseline Preliminary Data*. Website: <https://www.gsa2022.org/>

We are currently recruiting caregivers to attend two more **workshops during July and August 2022**. We appreciate all your efforts to disseminate the information about the CaregiverTLC program. We will also be **training a group of facilitators in the Fall 2022**. Please refer any interested professionals to receive the free training.

Thank you for your continuous help.

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CAREGIVER TLC - THRIVE, LEARN, CONNECT
SUPPORTING FAMILY CAREGIVERS



Do you provide a broad range of assistance for an adult relative, partner, friend or neighbor with a chronic or disabling condition?



What is Caregiver TLC?

The Caregiver TLC Research Program offers **FREE ONLINE** support to adults providing care to older persons with memory loss, dementia, or chronic illness. Caregivers will complete six weekly virtual Zoom sessions led by trained facilitators. This workshop will teach coping skills to deal with stress, depression and burden, and strategies to improve quality of life.



Is Caregiver TLC For Me?

- Do you consistently **provide care** to a person with a chronic illness, dementia or memory loss?
- Do you help your family member to:
 - Remember appointments?
 - Get bathed or dressed?
 - Take their medications on time?
- Could you attend six weekly 2-hour Zoom* sessions?
- Would you like to connect with other caregivers near you?
- Do you have a personal email address?



** Technical support available to assist with Zoom access and usage*

How Do I Learn More and Register?

- **To Register:** Visit the Caregiver TLC Website at fcrc.uncc.edu
- **To Ask Questions:** contact us at jmontoro@uncc.edu or call us at 704 687-6166





CAREGIVER
Thrive Learn Connect



CAREGIVER TLC: Continuing Conversations

What are Continuing Conversations?

FREE ONLINE seminars to provide beneficial information and support to caregivers. Each session is 90 minutes in length. The first 40 minutes (Webinar format) will inform about specific topics of interest for caregivers. After a short break, those who wish to remain will discuss how the information applies to them, will have the opportunity to personalize their learning, and will be able to remain on for the second 45 minutes.

June 2022 Schedule

Sunday 6/26 @ 3:00pm (ET): “The Frankie Mae Foundation - Care For The Caregiver”

Presenter: Venitra White-Dean, CDP

- Venitra will discuss respite care and other resources provided to family caregivers by The Frankie Mae Foundation.

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- **To Ask Questions:** contact us at jmontoro@uncc.edu or call us at 704 687-6166