

Spring into Summer Campaign Launches to Promote COVID-19 Vaccines and Boosters + New COVID-19 Dashboard Goes Live



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COVID-19 (CORONAVIRUS) NC UPDATE

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NCDHHS Launches Spring into Summer Campaign to Promote COVID-19 Vaccines and Boosters



CALLING ALL NORTH CAROLINIANS!

SPRING INTO SUMMER
and get ready to enjoy a healthier and happier season!

Visit SpringIntoSummer.nc.gov for resources on COVID-19, wellness and more.

YOU HAVE A SPOT. TAKE YOUR SHOT. NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

This week, NCDHHS launched [Spring into Summer](#), a community campaign focused on increasing rates of COVID-19 vaccinations and boosters for adults and children.

While 76% of North Carolinians ages 18 and older have received at least one vaccine dose, vaccination rates among children and teens are much lower. Only 27% of children ages 5-11 and 48% of adolescents ages 12-17 have received their first vaccine dose.

Spring into Summer offers a fun, flexible and community-centered way for health care providers, businesses, faith leaders, community organizations and individuals to encourage people to stay up to date on COVID-19 vaccinations and boosters — and to get the health visits, check-ups or other vaccinations they might have delayed because of the pandemic.

Organizations that wish to get involved can register to participate and access toolkit materials at [SpringIntoSummer.nc.gov](https://springintsummer.nc.gov) or email socialmedia@dhhs.nc.gov.

For more information about COVID-19 vaccines in North Carolina or to make an appointment, visit [MySpot.nc.gov](https://myspot.nc.gov) or call the state's COVID-19 Vaccine Help Center at 888-675-4567.

[The New COVID-19 Dashboard is Live!](#)

Last week, Governor Roy Cooper and NCDHHS Secretary Kody Kinsley [shared the next phase](#) of North Carolina's COVID-19 pandemic response. With the change in our trends and the tools now available, North Carolina is adapting its response for the current stage of the pandemic.

As we move into this next phase, NCDHHS is refining the combination of metrics that guide our response. Beginning this week, the [Summary page](#) of the NCDHHS COVID-19 Dashboard will be updated weekly and will include Wastewater Surveillance, COVID-Like Illness (CLI) in Emergency Departments, Hospital Admissions, COVID-19 Cases, Booster Rates, Prevalence of Variants, and CDC COVID-19 Community Level.

To learn more about the updated metrics, the Department's areas of focus for operational preparedness, and our priorities to recover stronger, download [Moving Forward Together: The Next Phase of North Carolina's COVID-19 Pandemic Response \(Spanish\)](#).

[Get Vaccinated & Boosted to Protect Yourself Against COVID-19](#)



Satana Deberry, Durham County District Attorney, shares her experience with COVID-19 and how she believes the COVID-19 vaccine and booster helped save her life. Stay up-to-date with your COVID-19 vaccines. Visit [MySpot.nc.gov](https://myspot.nc.gov) to find your spot to take your shot.

[NCDHHS Continues Fight Against Overdose Epidemic as NC Reports 40% Increase in Overdose Deaths in 2020](#)

This week, NCDHHS reported that an average of nine North Carolinians died each day from a drug overdose in 2020, a 40% increase from the previous year. Provisional surveillance data suggest these increases continued through 2021. The increase in overdose deaths disproportionately affects historically marginalized populations.

Amidst the challenging backdrop of the COVID-19 pandemic, NCDHHS is working to reverse this trend by continuing to implement the [North Carolina Opioid and Substance Use Action Plan](#). The plan aims to prevent addiction, reduce harm from substance use and connect people to substance use services, housing and employment support, all with attention to equity.

[Read more](#) about the specific actions in the plan and overdose deaths by the numbers, and find out about effective ways to [prevent and respond to overdose](#).

[COVID-19 Testing](#)

You should get tested for COVID-19 as soon as possible if you have symptoms, and after

five days if you are exposed to someone with COVID-19. Seek medical attention immediately for serious symptoms such as trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, or bluish lips or face.

- NC Medicaid beneficiaries can [receive free at-home COVID-19 tests](#) from their local pharmacies. Beneficiaries should select an at-home test at their preferred pharmacy and present their NC Medicaid ID card to the pharmacy for no out-of-pocket cost. The pharmacist will be able to bill Medicaid on the patient's behalf.
- Every home in the U.S. is eligible to order two sets of four, free at-home COVID-19 tests. Order your tests now so you have them when you need them at covidtests.gov.
- To find a PCR testing sites near you, visit ncdhhs.gov/GetTested. With increased demand for testing, try a different community-based site if your normal one is busy.
- For an up-to-date list of no-cost community testing events, visit the [No-Cost Testing Events](#) webpage.

COVID-19 Treatments

Have [symptoms](#)? Don't wait. COVID-19 [treatments](#) can lower your risk of hospitalization or death.

- Talk to your doctor about treatment.
- To find treatment options, go to covid19.ncdhhs.gov/FindTreatment.
- Call 1-877-332-6585 (English)/1-877-366-0310 (Spanish) to find out more about treatment. The call center can help if you do not have a health care provider.

Treatments are not a substitute for [vaccination](#). Vaccines offer the best protection against COVID-19.

Spread the word about FDA authorized treatments for COVID-19 by [sharing this flyer](#).

Get the Latest Information

- Visit the [NCDHHS COVID-19 website](#) for information, a [data dashboard](#), [updates](#), [live briefings](#), the [latest guidance](#) and more.
- Go to [North Carolina's COVID-19 Information Hub](#) for resources, information and assistance across state government, including the latest [news releases](#).
- Check out YourSpotYourShot.nc.gov to learn more about [finding your spot](#) to get your shot, [videos](#) about the COVID-19 vaccine, and other resources.
- Follow NCDHHS on [social media](#).
- View your vaccine information ([English](#), [Spanish](#)).



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NC DEPARTMENT OF
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