

Caregiver TLC Advisory Board meeting - January 28 @ 5:00 pm



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Date 2022-02-08 16:20

CaregiverTLC Flyer.pdf (~632 KB)

Continuing Conversations CaregiverTLC February 2022.pdf (~433 KB)

Hello team,

I wanted to update you about the Caregiver TLC activities. We have now completed several workshops sessions with caregivers. We have 120 caregivers registered. We plan to offer the program until the end of 2022. We are also offering monthly caregiving conversation webinars. Next one is coping up on Sunday February 27 @ 3:00 pm by Angela Burrow (see attached flier).

We plan to offer one more round of training to professionals (social workers, nurses, etc.) interested in becoming facilitators for the program. The training will most likely start at the end of March. We are inviting community partners (medical and non medical organizations) to refer/recommend any of their interested employees. If you know of anyone who may be interested let us know.

Our next Advisory Board members meeting is scheduled for Monday February 28 @ 5:00 pm to discuss strategies to disseminate information about the program. I will meet 2/24 with the city Age-Friendly initiative to contribute to the implementation of some of their strategies in domains such as: social isolation & health services. I will invite them to collaborate with us and support the Caregiver TLC program. We will continue actively recruiting caregivers. We plan to contact other groups, associations providing support to caregivers, from the American Cancer Society to Dialysis centers, etc. We are also using any media to spread the word about the program (see <https://qclife.wbtv.com/2021/12/13/southminster-helping-provide-online-caregiver-workshops/>).

We plan to offer training to professionals (social workers, nurses, etc.) interested in delivering the program most likely at the end of March. We are inviting community partners (medical and non medical organizations) to refer or recommend any of their professionals to the training. The training is completely free and trained facilitators will help us to complete the data collection in the next few months. We will continue offering additional workshops until the end of the year to support as many caregivers as possible.

Reducing mental health, improving information and resilience among caregivers and addressing loneliness and isolation during this difficult time of COVID-19 are our most important goals for this year. We hope you will continue to be supportive of the caregiver TLC program. Your support is essential to the success of the program. We thank you for your commitment.

Looking forward to seeing you soon.

PS: We will send you a zoom link shortly.

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