## Two MMA Events This June 2021



From Mayor's Mentoring Alliance < Mentoring@ci.charlotte.nc.us>

To Mayor's Mentoring Alliance < Mentoring@ci.charlotte.nc.us>

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Hello,

I hope that you're doing well. I'm sharing two upcoming virtual events that will take place this month on June 15<sup>th</sup> hosted by the Mayor's Mentoring Alliance / Out of School Time Program.

Join MMA & the Out of School Time Program as we host a discussion on enhancing social capital for youth.

**Increasing Social Capital for Youth ft. George Metz** 

Tuesday, June 15<sup>th</sup> from 12 p.m. - 1 p.m.

Register here to participate: <a href="https://www.eventbrite.com/e/increasing-social-capital-for-youth-ft-george-metz-tickets-157667787597">https://www.eventbrite.com/e/increasing-social-capital-for-youth-ft-george-metz-tickets-157667787597</a>

Effectively building and leveraging social capital is essential for economic mobility. Come explore tactical ways to secure the bonding relationships within the lives of youth and establish a foundation for them to effectively connect. Learn how to role model and teach them to build social capital within the ecosystem that includes their family, community, school, and other supports within their lives.

Join MMA as we partner with B.Y.E., LLC to host a Community Resilience Project training.

Resilience Project Virtual Screening & Discussion

Tuesday, June 15<sup>th</sup> from 6 p.m. – 8 p.m.

Register here to participate: <a href="https://www.eventbrite.com/e/mma-presents-community-resilience-project-virtual-screening-training-tickets-158005744435">https://www.eventbrite.com/e/mma-presents-community-resilience-project-virtual-screening-training-tickets-158005744435</a>

1 of 2 6/6/21, 4:42 PM

Trauma impacts everyone. In this training and discussion, you will learn how trauma is defined and the types of trauma we experience ranging from toxic stress and workplace trauma. We will discuss how the body processes adversity and share tools of how to build resilience.

The <u>Community Resilience Project</u> led <u>by B.Y.E., LLC</u> is an initiative with an aim to create awareness of the adverse impact of childhood experiences, trauma, and toxic stress through providing resources and information on resilience and trauma informed cared.

Both events will take place via Zoom, and the registration link will be updated to include the Zoom details soon. I hope that you will be able to attend!

Stay safe.

Best,

Tiffany

## **Tiffany Johnson**

MAYOR'S MENTORING ALLIANCE & OUT OF SCHOOL TIME PROGRAM MANAGER

## **HOUSING & NEIGHBORHOOD SERVICES**

City of Charlotte

600 E. Trade St. Charlotte, NC 28202

MOBILE: 704-996-4992

tiffany.johnson@charlottenc.gov







2 of 2