

Please Join Us: Discussion on Youth Mental Health



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**FOUNDATION FOR
THE CAROLINAS**

FFTC presents

Are our Kids OK?

Checking in on the Mental Health of our Youth

Join us for an important discussion on the impact of COVID-19, the resulting academic disruption and economic insecurity, and racially traumatic events on the mental health of youth and adolescents in our community.

This compelling conversation will feature local experts who will provide insights and lessons from the pandemic, and share ways that parents, providers, educators, philanthropists and community members can support our youth now and in the future.

Tuesday, May 25 | 1-1:45 p.m.

Panelists:

Amy Farrell

Executive Director | [Generation Nation](#)

Kendell Jasper, Ph.D.

Owner/Founder | [Jasper Psychological](#)

Matt Simon

Chief Program Officer | [Thompson Child & Family Focus](#)

Jennifer Thomas, Ph.D.

Chief Psychologist | [Teen Health Connection](#)

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