

## Mental Wellness Conversations with EmpowHERment



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# CANDID CONVERSATIONS WITH MS. TACIA

National statistics show that 1 in 5 young people (between the ages of 12-18 years old) have been diagnosed with at least one mental health disorder.

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**DECEMBER 19 AT 3 PM**

We are committed to empowering girls and women to be leaders through mentorship, talent development and advocacy.

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EmpowHERment Inc.

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