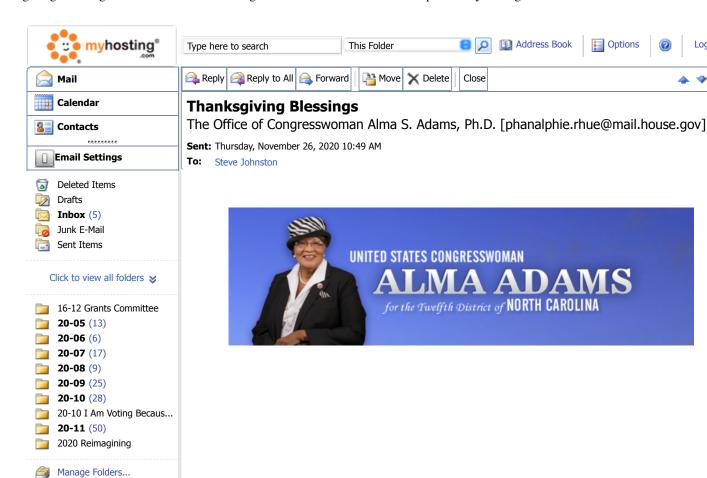
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Thanksgiving Blessings

Dear Friends,

It's important to remember during this holiday season that we are surrounded by wonderful blessings, great and small.

This Thanksgiving is going to be difficult. In the interest of staying home and saving lives, I'm having a virtual Thanksgiving with my family this year. I know it makes these hard times even harder, but taking this pandemic seriously is the right thing to do for our community.

Though the holiday will be celebrated in new and different ways, it still urges us to pause and be grateful for the many blessings that surround us. It is said that gratitude is a powerful catalyst for happiness.

This Thanksgiving, let us embrace the holiday as a season of "Thanks" and a season of "Giving." Let us be generous with our compassion and give thanks to all who are on the frontlines of helping our neighbors during this time, and if we have the means, let us support families in need due to the pandemic.

I am grateful for family and friends and for the opportunity to serve you as your representative for North Carolina's 12th Congressional District.

While we celebrate this holiday, I encourage us all to embrace the spirit of compassion with acts of kindness. Please, demonstrate your thankfulness by continuing to wear a mask, social distancing and not traveling unless absolutely necessary. Thank you to all of you who continue to do so.

May your Thanksgiving holiday be filled with gratitude as you share the blessings of family and friendship.

Warmest Regards,

Congresswoman Alma S. Adams, Ph.D.



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Phanalphie Rhue, District Director Congresswoman Alma S. Adams, NC-12

801 E. Morehead Street, Suite 150, Charlotte, NC 28202 Phone: 704-344-9950

2436 Rayburn House Office Building Washington, DC 20515 Phone: 202-225-1510 Fax: 202-225-1512

Connect with us



Office of Congresswoman Alma Adams | 801 E. Morehead St, Suite 150, Charlotte, NC 28202 Phone: 704-344-9950

Unsubscribe sjohnston@tuesdayforumcharlotte.org

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Sent by phanalphie.rhue@mail.house.gov



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