

# "Newletter"

F.W.C. COMMUNITY DEVELOPMENT CENTER



F.W.C. = Friends Who Care!

IT'S NOT OVER YET!

Amid all the chaotic issues surrounding us today, let's not forget this



silent, but deadly virus is heavily penetrating the global atmosphere.

It is far from over and that places us in a more careful and cautious state of mind as we see cities all around the world are opening up their businesses and people are neglecting to wear their

protective masks and gloves.

**First of all**, if you are feeling any of the symptoms described with this virus, you need to contact your Physician immediately.

**Secondly**, comply with their instructions and drink plenty of liquids.

I would rather err on the side of caution than to think that it's just a cold or the flu. Many have expired with those thoughts.

**Thirdly**, this is very stressful with people losing their jobs, their

homes and their loved ones.

We are seeing rise in mental issues. However, we need to learn how to cope with the stress. Although each person handles stress differently, we should find creative measures to handle this time successfully.

There are ways to deal and here are just a few.

Read, Meditate, Eat healthy, Exercise, Get plenty of Rest and Sleep.

Most importantly, communicate! Call a trusted person to talk to and

MAY 2020 NEWS

NEXT MONTH!

The Month of June will be a beautiful month!

Summer time is Beach time, walking and running time. Picnic time!



During this month, I hope we will have the opportunity to truly enjoy the season.

Make the most out of yourP summer!

OUR MOTTO

- We believe the best is ahead of us!
- We are capable of far more than is realized!
- We believe we can become better when we do things together!

COVID-19: IT'S NOT OVER YET!

some one to pray with.

You must also take care of your emotional health!

Have you found time to just release your emotions? I have! Here's how I did it.

I found the best mental and emotional release for me is laughter. I watch a comedy or I watch one of my Plays called 'Sabella'

Who is Sabella? She is a comedy character, I made up and produced Stage

Plays for over six months in our church, during a time when there was a need for laughter. Now is that time again.

Go on Facebook under the page Randall Hall-Walker and pull up Sabella. Laugh and enjoy!







## Black Lives Matter?

### What has happened to America?



This is a true story of the death of a man under the knee of a Police Officer who took an oath to protect and serve. Yet, 8 minutes and 46 seconds

later, 46 year old George Floyd is dead.

He was accused of buying cigarettes with a counterfeit \$20 bill. Seventeen minutes after the first squad car arrived at the scene, Mr. Floyd was unconscious and showing no sign of life.

Derek Chauvin is responsible for the death of Mr. George Floyd.

As a result of this senseless killing, the entire country has erupted in what was to be a peaceful protest, violence with burnings, looting and some losing their lives

as well.

What are we dealing with? We are dealing with open and blatant RACISM!

I grew up near Chicago. We didn't know racism nor prejudice as it is known in the Southern states. My mother just told us that we were never to see ourselves as less than to anyone. Therefore, whether your skin was black or white, didn't matter to me. We were all equal.....until I moved to Polk County, FL. The city was Lakeland where I experience this new

kind of treatment between the different races.

I went to work for this company and was to receive the key for the small office on that Thursday to work the office for the weekend as the Owner was going on vacation.

When asked for the key, the owner drew back, looking at me in disgust. I was confused.

He then released me that day with full pay for the week.

I contacted my agency to let her know I was released and I felt the owner was prejudice.

## Black Lives Matter? Cont'd

Of course, this would be the response that prejudice was definitely not his issue.

But when I received the call back, the information she stated to me was unbelievable.

He was so angry that she had sent a 'N' to his company, that he pulled his contract!

I cried! I was so devastated because I didn't understand such hatred. Here, is when I learned the difference between prejudice and racism.

A survey in February, 2020 shows 40% of white Americans believe black people have the same equal rights as the white race, where only 8% of the black Americans believe there is no equality at all.

The difference in thought is

the two: **prejudice** and **racism** being distinct.

**Prejudice** refers to a preconceived idea about a particular group of people; where **Racism** involves an unequal distribution of power on the basis of race.

I finally became educated and sick at the same time.

My ignorance played the questions over and over in my head. How does one feel they have a choice concerning the color of their skin? Or, what makes one race more superior than another?

Racism and racial hatred and discrimination are more than just glaring social injustices.

This is also a direct insult to the entire human family as a whole. Racism runs di-

rectly counter to everything the Bible represents.

God has given infinite value of life to **ALL** people, regardless of nationality, race, development, appearance or ability.

America is **not** a Christian Nation or all people would adhere to Christian conduct or adhere to "One Nation under God!"

Even if America is a racist America, thank God it is not completely overshadowed by its imperfections.

America was not built on slavery; as this was an unfortunate but deliberate flaw in the cloth of early American life.

Slavery ended, but racism never stopped. The 'hole'

in the fabric of slavery leaked out racism because the fabric was sewn together with the threads of hatred, prejudice and white superiority.

My prayer is that whatever means are used to send a voice to all people ( and I do not mean riots and looting, nor vandalism) let's do it!

**Black and White** together! Let us all march together, joining hand in hand, shouting to the top of our lungs: "America, America, God shed his grace on thee, and crowned thy good with brotherhood, from sea to shining sea'.....the land of the free!

Therefore, let's measure our feelings by our **faith**, our love by our **works**, and our hearts by **Jesus Christ**!

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A quiet Protest turns into RIOTS around the world! "We cannot focus so much on the property damage, that we forget why people are in the streets in the first place!" Gov. Cooper said Sunday, May 31st.



Uptown Charlotte, NC



Laughter - A True Funny Story

The TV Remote

This is a true story about an incident that happened to me.

I believe in laughter and in this chaotic world, we need it!

Here's the story:

I had been studying and it was late. I then decided, enough of this book, I need to go to bed.

My husband had gone to bed ahead of me, so I quietly climbed

into bed, as not to wake him. I fell into a deep sleep. A few hours later, I felt this pain in my right hip.

I was too sleepy to get up, so I laid there and prayed for my healing.

I tried to go back to sleep, but the pain would not go away. I prayed again. Still pain!

After another hour I couldn't take the pain any longer. Prayer wasn't helping, so I had to get up and take some medicine.

Climbing out of bed, I reached to feel my hip where the pain was, so I could really pray down heaven!

The issue was, I had fallen asleep on the TV remote and it was stuck to my hip! The imprint of the remote was embedded in my skin causing all the pain! My right hip looked like the remote control itself!

I was so embarrassed, because I had awakened my husband to pray for me as

well. The imprint and pain of the remote remained in my hip for over an hour!

Laughing at myself, I finally told my husband what the pain was. The pain of a TV remote!

Birdella Hall-Walker





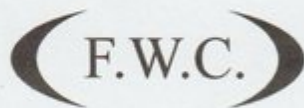




**F.W.C.  
COMMUNITY  
DEVELOPMENT  
CENTER**

4732 Old Pineville Rd  
Charlotte, NC 28217  
704-954-4842

Email: fwccenter@gmail.com  
Website: fwccenter.org



**WE  
NEED  
MORE  
INVESTORS!**

### EXCITING UPCOMING AND CURRENT EVENTS!

We are excited about helping the community by taking food to those less fortunate!

**Avon calling!** If you love Avon products, you may contact Leticia Carter who is now a Sales Rep for Avon. You can reach her at 704-804-0751.

**A WALK-A-THON Fundraiser for the F.W.C. Center!** Instead of the regular Conference call in July, we will have this event on **Saturday, July 18, 2020**. (Weather permitting) We will meet at Freedom Park at 7:30 am. The walk will begin at 8:00 am. It will be a ten-mile walk around the Park. Select Sponsors to help you raise a minimum of \$100.00 per person. Please call **704-954-4842** if you are going to participate in this Walk. You can invite family and friends to participate in this walk with you!

**F.W.C.** has their **CSL, (Charitable Solicitation License)** therefore you will and can go to various Companies such as Car Dealerships, McDonald's, Burger King, Wendy's, Food Lion, Harris Teeter, Publix, Target, Wal-Mart, Family Dollar or any store to sponsor you during this Walk-a-thon. Solicit family and friends to sponsor you! There will be a gift for the person who turned in the most money for this fundraiser.

There will be T-shirts to order! When you call, please state your size and the size of any additional orders. A Flyer and Sponsor Sheet will be provided. Get in shape and get ready to walk!

For the month of **August**, we will have a **Fish Fry** held at the 4732 Old Pineville Road. If you or anyone know how to deep fry, let us know!

We should be able to reconvene at the Center in **September!** You will be kept informed.

### Celebrate our list of Supporters for the F.W.C. FRIENDS WHO CARE COMMUNITY DEVELOPMENT CENTER!

A great **BIG** 'thank you' to all our Supporters!

**Bishop C.E. Anderson** — Dominion Fellowship

**Herby Boler** — Freedom W.C.

**Pastor Johnny Brown** Inspired Life Church

**Bruce Ellis** — Contractor

**Will Elmore** — Gideons Min. & Willing To Excel Consulting

**James Gilliland** — Honey Right Electric LLC

**Antoine Herring** — 37 Shades Media

**Earvin & Daisey Hyman** — Jacobs Well Ministries

**Mona Wesley** — Simply Gorgeous—Paparazzi

You too can be a part of this progressive and growing Community Development Center, where we are out to make a Difference!

Until we are able to come together again in the Center, please join us on the 3rd Saturday of each month via Conference Call.

The number to dial in is:

**480-297-0773 Code  
4043159#**

We look forward to you joining us each month. Once again, thank you for your continual support.

Thank you!

Dr. Birdella Hall-Walker,  
President



**Dr. Randall Hall-Walker,**  
CEO

**Dr. Birdella Hall-Walker,**  
President

**Erica Murdaugh, V-**  
President


**Brenda V. Campbell,**  
Secretary & Treasurer




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


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