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NORTH CAROLINA STAY AT HOME ORDER EXTENDED TO MAY 8
 Representative Nasif Majeed [majeedla@ncleg.net]
 Sent: Thursday, April 23, 2020 10:55 PM
 To: [Steve Johnston](#)

April 23, 2020

Representative Nasif Majeed

District 99 - Mecklenburg County





North Carolina

Staying Ahead of the Curve

Peace. Today Governor Roy Cooper announced North Carolina's Stay at Home Order has been extended to May 8th. Governor Cooper said that it was clear that we are flattening the curve, but that the state is still not ready to lift restrictions. The governor said we need more time to slow the spread of the virus before we ease restrictions.

Just like the previous executive order, this extension includes the closure of dine-in restaurants and businesses like nail salons, hair salons, and movie theaters. The original order was originally set to expire on April 29th.

Governor Cooper stated that he realizes we need to reopen the economy, but says we're not ready to fully reopen yet. He said, "I will not risk the health of our people or our hospitals, and easing these restrictions now would do that."

NC Department of Health and Human Services Secretary Mandy Cohen said it was clear North Carolina has flattened the curve, and that we have slowed the

rate of acceleration for the virus, however she said it was taking longer for our cases to double.

Secretary Cohen also laid out testing and tracing trends of the virus and what the state will be looking at moving forward before restrictions are lifted. "When we look at trajectory of cases over 14 days, we're still going up," she said. "That's not where we want to be."

Governor Cooper announced how North Carolina would gradually reopen over three phases.

Where We Are Today

Trends

Trajectory of COVID-like syndromic cases over 14 days	✓
Trajectory of cases over 14 days	✗
Trajectory of positive tests as a percentage of total tests over 14 days	✗
Trajectory of hospitalizations over 14 days	✗

Capacity

Testing	○
Contact Tracing	○
Personal Protective Equipment	○

Where We Need to Go

Trends

COVID-like syndromic cases	Continued Decrease
Number of cases	Decreasing or Sustained Leveling
% of Positive tests	Decreasing
Hospitalizations	Decreasing or Sustained Leveling

Capacity

Testing	5k-7k/day
Contact Tracing	-500 tracers
PPE	>30 days for all

Phase 1

Stay At Home order remains in place, people can leave home for commercial activity

Those retailers and services will need to implement social distancing, cleaning and other protocols

Gatherings limited to no more than 10 people

Parks can open subject to gathering limits

Face coverings recommended in public

Parks can open subject to gathering limits

Face coverings recommended in public

Restrictions remain in place for nursing homes and other congregate living settings

Encourage continued teleworking

Phase 2

At least 2-3 weeks after Phase 1

Lift Stay At Home order with strong encouragement for vulnerable populations to continue staying at home

Allow limited opening of restaurants, bars and other businesses that can follow strict safety protocols (reduced capacity)

Allow gathering at houses of worship and entertainment venues at reduced capacity

Increase in number of people allowed at gatherings

Open public playgrounds

Continue rigorous restrictions on nursing homes and congregant care settings

Phase 3

At least 4-6 weeks after Phase 2

Lessen restrictions for vulnerable populations with encouragement to continue practicing physical distancing

Allow increased capacity at restaurants, bars, other businesses, houses of worship and entertainment venues

Further increase the number of people allowed at gatherings

Continue rigorous restrictions on nursing homes and congregant care settings

Governor Cooper says if we enter these phases and trends start to move backwards, they may need to reevaluate certain restrictions.

A detailed look at where North Carolina stands on testing, tracing, and trends, as well as more information about the three-phase plan [can be found here](#).

RELIABLE SOURCES OF INFORMATION

- [NC Department of Health and Human Services \(NCDHHS\)](#)
 - [NCDHHS Facebook](#)
 - [NCDHHS Twitter](#)
 - [NCDHHS Instagram](#)
 - [NCDHHS YouTube](#)

- [Centers for Disease Control and Prevention \(CDC\)](#)
- [CDC Facebook](#)
- [CDC Twitter](#)

- [NC Emergency Management](#)
- [NC Emergency Management Facebook](#)
- [NC Emergency Twitter](#)

- Your [local health department](#) [If you have personal protective equipment and supplies that you can donate, please donate to your local health department.]

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