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Please be aware of the below and KNOW THE FACTS (COVID-19 Data Sheet Attached)
Colette Forrest [cforrest6@gmail.com]
Sent: Tuesday, March 24, 2020 10:16 PM
Attachments:  [COVID-19Data_3.22_NR_v4.docx \(433 KB\)](#) [Open as Web Page]

Beginning 8:00 a.m.Thursday, March 26th, Mecklenburg County will be under a stay-at-home order. The order will remain in effect until April 16th.

[You can read the full text of the order here.](#)

[You can also find frequently asked questions and answers here.](#)

While in effect, the order will require residents of Mecklenburg County to remain in their home. However, you will still be able leave your home for essential travel.

Examples of essential travel include:

- trips to grocery stores, pharmacies and restaurants;
- providing care and assistance to friends and family;
- visits to the doctor for any services that cannot be provided virtually (please call your healthcare provider first);
- reporting to work for an essential business or operations provider.

Essential businesses and operations include healthcare services, grocery and food services, educational services and childcare .

Please refer to the FAQ document (see the link above) for a full list of (1) essential travel and services and (2) essential businesses and operations.

Under the order, you will still be able to leave your homes to spend time outside. Walking your dogs, riding bikes or getting fresh air are all permitted -- so long as you remain six feet away from others. Parks and outdoor recreation areas will remain open, however playgrounds will be closed.

You can find more information at the Mecklenburg County website [here](#), or by calling the stay-at-home hotline at (704) 353-1926.

[‘Stay at home’ order issued, groups of 10+ banned in Mecklenburg County’](#)
Charlotte Observer

This is a continually evolving situation.

It can be scary, but always know God is in control!

I am most concerned about these groups: Elderly, Women and Children.

Call, text and check on your neighbors.

During these 21 days and always: Watch out for suicide, domestic violence and child abuse signs.

- If you or someone you know is in a domestic violence situation and needs help, please contact the 24/7 Greater Charlotte Hope Line: 980-771-4673.
- National Suicide Prevention Lifeline

1-800-273-8255

suicidepreventionlifeline.org

Resources

- You can visit the [CDC website](#), the [NC Department of Health and Human Services website](#) or call the state's COVID-19 hotline at 2-1-1 for the most up-to-date information.
- If you've lost your job or had your hours cut back due to COVID-19, you can [apply for unemployment benefits here](#).
- If you are a small business owner and your business has been harmed, you can [apply for a disaster relief loan here](#).
- If you don't have a primary care doctor, you can call the Mecklenburg County Health Department: 704-336-4700.
- Charlotte-Mecklenburg Schools is offering breakfast and lunch to children at [70 sites](#) across our county.
- If you need assistance finding childcare, you can call 1-888-600-1685. Priority will be given to front line workers.

2-1-1

**COVID-19
ASSISTANCE**

Call 2-1-1 or
888-892-1162

Text **COVIDNC** to **898211**
to sign up for updates

