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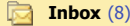
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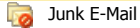
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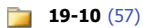
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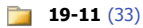
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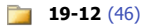

16-12 Grants Committee



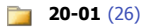
19-10 (57)



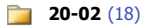
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20-02 (18)



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For Immediate Release

Sen. Joyce Waddell [joyce.waddell@ncleg.net]

Sent: Friday, March 20, 2020 2:07 PM

To: [Steve Johnston](#)

From the Office of Sen. Joyce Waddell, NC Senate
Mecklenburg County

FOR IMMEDIATE RELEASE

Friday, March 20, 2020

CONTACT : Sen. Joyce Waddell
(919) 733-5650
Joyce.Waddell@ncleg.net

**North Carolina General Assembly Coronavirus Update**

Charlotte, NC- I want to assure you that your state government is working expeditiously to secure new testing kits and prevent the spread of COVID-19. We must work together to protect ourselves, our loved ones, and our communities.

Our thoughts go out to those who have been affected by this unprecedented event affecting the world today. We especially appreciate the healthcare workers, local communities and government entities around the country who are working tirelessly to contain this coronavirus (COVID-19).

In support of recent guidelines issued by the Center for Disease Control (CDC) and the World Health Organization (WHO), we recognize that one of the best ways to reduce the spread of this virus is social distancing and limiting the number of people in close quarters.

I want to assure you that your state government is working expeditiously to secure new testing kits and prevent the spread of COVID-19. We must work together to protect ourselves, our loved ones, and our communities. Stay home if you can and avoid gatherings of more than ten people. Practice social distancing by keeping a distance of about six feet from others if you must go out in public.

- Wash your hands often with soap and water for at least 20 seconds, especially after being in a public place, or after blowing your nose, coughing or sneezing. If soap and water are not readily available, use a hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home if you are sick, except to get medical care.

- Cover your nose and mouth with a tissue when coughing or sneezing; throw used tissues in the trash. If a tissue isn't available, cough or sneeze into your elbow or sleeve, not your hands.
- Clean and disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, handles, desks, computers, phones, keyboards, sinks, toilets, faucets and countertops.
- If surfaces are dirty, clean them - use detergent or soap and water prior to disinfection. Full information on how to disinfect found here.
- Wear a facemask if you are sick. You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office.

Sen. Joyce Waddell, District 40 | 1113 Legislative Building, Raleigh, NC 27601

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