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Meet the "Resilience" Panelists!


Council for Children's Rights [alaina@cfcrights.org]

Sent: Thursday, February 13, 2020 8:53 AM

To: Steve Johnston

Childhood stress and trauma can impact a child's ability to learn and can lead to depression, substance abuse, and lower life expectancy in adulthood.

But that's not the whole story.



RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Join Council for Children's Rights and Covenant Presbyterian Church to get the rest of the story at a [free](#) screening of *Resilience*, featuring a panel discussion after the film with some of Charlotte's legal, medical, faith, and community leaders.

Monday, February 24, 2020 at 6:30 pm

Covenant Presbyterian Church

1000 E Morehead St, Charlotte, NC 28204

All are welcome! (But [registration](#) is required.)

[Click here to register](#)

Through a generous sponsorship by Bank of America we are able to share this informative documentary that chronicles the work of pediatricians, therapists, educators, and communities using cutting-edge brain science to disrupt cycles of violence, addiction, and disease.

PANELISTS

Lawrence G. Calhoun

Professor Emeritus of Psychological Science at UNC Charlotte

Lawrence G. Calhoun lived his formative years in Brazil, came to the US to attend college, and has remained here since. He earned degrees from St. Andrews Presbyterian College, Xavier University, and the Ph.D. in clinical psychology from the University of Georgia. A licensed psychologist, he has maintained a part-time clinical practice for many years. Together with Richard Tedeschi he is one of the pioneers in the research and theory on *posttraumatic growth*. He is co-author or co-editor of 9 books, including *Posttraumatic Growth in Clinical Practice*, published by Routledge. He is a recipient of the *Bank of America Award for Teaching Excellence*, *The University of North Carolina Board of Governor's Award for Teaching Excellence*, and of the *First Citizens Bank Scholar's Medal* (with Richard Tedeschi). Although he is no longer engaged in classroom teaching, he continues his research work and he continues to mentor doctoral students.

Chris Callaway

Child Development Center and Pre-school Director at Covenant Presbyterian Church

Chris Callaway is the managing director of our Child Development Center and Preschool at Covenant Presbyterian Church. A lifelong educator, Chris has a degree in child development from Cal State - Northridge. Since 2015, he's served as program director at Isla Vista Youth Projects in Goleta, CA, overseeing two centers with a total of 10 classrooms, 140 children and 40 staff members. Chris and his wife, Karla, have two daughters and a son. His goal is to help build a Child Development Center that incorporates the best practices of the child development field, while providing culturally relevant lessons to the diverse children and families that will be at our center. As a father of bi-racial children, it is both fundamentally and personally important to Chris that all cultures have representations in our classrooms.

Vernisha Crawford, MS

Director, Charlotte Resilience Project

Vernisha graduated from the University of North Carolina at Charlotte with her Bachelor of Arts Degree in Sociology; making her a first-generation college graduate. She went on to climb the corporate ladder, traveling across the country for her career where she worked as a Regional Performance Director for one of the largest property management companies in the U.S. Vernisha has accumulated over ten years of training experience and eight years of management experience. In 2016, she earned a Master of Science Degree in Leadership from Grand Canyon University, kick-starting her entrepreneurial journey. She later obtained her certification as a professional life coach as well as a small business consultant. Today, Vernisha is a multi-business owner of V Coaching Services, LLC, Bringing You Excellence, LLC, and her signature program, Miss All Natural Pageant. She is currently pursuing her Ph.D. in General Psychology.

Juliet Kuehnle

Licensed Clinical Mental Health Counselor, Counseling With Juliet

Juliet Lam Kuehnle is a board certified clinical mental health counselor in private practice at Counseling With Juliet. She earned her undergraduate degree from Wake Forest University and her Masters degree in Counseling from UNC-Greensboro. Juliet has over ten years of experience working with individuals, couples, families, and groups and has practiced in a college counseling center, an eating disorder treatment center, and in private practice for the past 5 years. Her specialties include anxiety, depression, stress, body image, self esteem, trauma, grief, and life transitions. Her counseling style is conversational and direct, balanced with genuine care in order to collaborate with her clients to help them get closer to their goals, which may include changing their thinking, improving their mood, achieving balance, restoring relationships, reaching recovery, developing new skills, healing traumas, or finding ways to live wholly and genuinely. When not doing the job she loves, she's with her husband and two young daughters or singing with her a cappella friends, cycling, or watching Duke basketball!

Sabrina Clark, LMSW
Mecklenburg County DSS – Youth & Family Services, CFCR Board of Directors
Sabrina Clark, LMSW, is a North Carolina certified Training Specialist with Mecklenburg County DSS. She is certified to teach Trauma Informed Partnering for Safety and Permanence - Model Approach to Partnerships in Parenting (TIPS-MAPP), and Caring for Children Who Have Experienced Trauma. Her primary responsibilities include developing, conducting, and evaluating training programs for foster, kinship, and adoptive parents. Since 2001, Sabrina has worked with children and families in a variety of programs at Department of Social Service agencies and non-profit mental health agencies. Since obtaining her MSW in 2010 from the University of Michigan in Ann Arbor, she has been employed in roles that have allowed her to develop and present training tools and curricula for various members of the child-serving community including: child welfare workers and supervisors, school social workers, law enforcement, juvenile probation officers, attorneys, mental health professionals, and both staff and volunteers representing the Court Appointed Special Advocates (CASA) program.



The Charlotte Resilience Project has assisted in screenings throughout the community with the help of their partners — John M Belk Endowment, Foundation for the Carolinas, Eric & Lori Sklut, Charlotte AHEC, The Winer Family Foundation, Mitchell's Fund, and us, Council for Children's Rights — to spread awareness of ACEs and toxic stress.

Council for Children's Rights | 704.372.7961

Council for Children's Rights | 601 East 5th Street, Suite 510, Charlotte, NC 28202

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