

Nov. 12, 2019

Public Health Location Receives Breastfeeding Friendly Business Award

The North Carolina Breastfeeding Coalition has awarded the Northwest location of the Public Health Department the Breastfeeding Friendly Business Award. This award recognizes the support Public Health provides to more than 80 percent of new mothers who breastfeed their infants.

Research shows that breastfed infants are significantly less likely to suffer from illnesses, infections, and obesity. Research also shows that mothers who breastfeed enjoy significant health benefits, including faster recovery from pregnancy and reduced risk of breast cancer and osteoporosis.

The North Carolina Breastfeeding Coalition has been a proud participant in the national effort to increase breastfeeding-friendliness in the workplace. Breastfeeding-friendly employers benefit from lower health care costs, lower turnover and absenteeism rates, higher productivity and morale. It also creates a positive image in the community as a "family friendly" business.

Congratulations to everyone who helped to make this award possible!

Free Paper Shredding and Prescription Drug Take-back Event

Mecklenburg County wants to help residents dispose of sensitive documents and old medications during one event – just in time for America Recycles Day! Mecklenburg County Solid Waste and City Solid Waste Services will host a free paper shredding and prescription drop-off event on Saturday, Nov.16 at Compost Central and the Foxhole Recycling Centers.

The event is free and open to Mecklenburg County residents. Residents interested in shredding sensitive documents will be limited to three boxes of paper per household. Please do not bring the paper in plastic bags. Prizes will be given to residents who sign the "Recycling Right Pledge."

Event details:

- Saturday, Nov. 16, 2019, from 9 a.m. 2 p.m.
- Compost Central & Recycling Center (140 Valleydale Road, Charlotte)

1 of 3

Foxhole Recycling Center (17131 Lancaster Highway, Charlotte)

For more information, contact Jeff Smithberger, Director of Solid Waste Management, Land Use and Environmental Services Agency, at 980-314-3863.

County to Host Financial Fraud Awareness Event for Seniors

The County's Department of Social Services (DSS) Services for Adults Division will host a "Scam Jam" information session on Monday, Nov.18 at the Valerie C. Woodard Conference Center. The event is designed to teach senior residents about financial and Medicare fraud, and identity theft. For every report of elder financial exploitation, 43 go unrecognized. These scams cost seniors \$2.9 billion each year. DSS Services for Adults encourages seniors to become aware and prepared when targeted in these types of crimes.

Speakers from various agencies including the NC Attorney General's Office, the NC Secretary of State, Centralina Area Agency on Aging and the Charlotte-Mecklenburg Police Department are expected to attend. DSS staff will also provide information on how to file an adult protective services report.

Space is limited. To register call 980-314-6800 or email SFAevent@MecklenburgCountyNC.gov.

Event details:

- Monday, Nov. 18, from 10:00 a.m. 2:00 p.m.
- Valarie C. Woodard Conference Center (3205 Freedom Dr., Suite 4000)

For more information, please contact Gregory Tanner, Mecklenburg County Department of Social Services Division Director, at 980-314-6468.

Veterans Day Video Tribute

On Monday, Mecklenburg County joined the nation in recognizing the Veterans Day holiday. Veterans Day is a time to honor servicemen and women who made the valiant decision to protect our freedom by serving in the U.S. military.

As part of our special series in honor of our veterans, I would like to recognize all our County employees who served our nation with this special video tribute.

Thank you for your service!

CALENDAR REMINDERS

- Tuesday, Nov. 12, 6:00 7:30 p.m. Public Information Session for Independence Park, St. Martin's Episcopal Church. 1510 E. 7th St., Charlotte
- Wednesday, Nov. 13, 12:30-2 p.m. BOCC Environmental Stewardship Committee Meeting, CMGC 11th Floor Large Conference Room
- Wednesday, Nov. 13, 2:30-4:30 p.m. BOCC Budget Public Policy Meeting, WILL NOT BE HELD
- Thursday, Nov. 14, 9:30 a.m. 12:30 p.m.- Senior Citizens Health Fair, Hosted by Commissioner Vilma D. Leake, West Charlotte Recreation Center Gym, 2401 Kendall Drive, Charlotte

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3 of 3