

What is the Patient's role?

You are the *most important person* on the team.

What is your Primary Care Provider's role?

The Primary Care Provider oversees all aspects of your care at the clinic. She works closely with the other members of the healthcare team to make sure you get the best care possible.

What is the Care Manager's role?

The CM (care manager) works closely with you and the primary care provider to apply a care plan. The CM answers questions about your treatment. She will check-in with you to keep track of your treatment progress.

What is the Therapeutic Team's role?

The role of the therapist is to help the person develop good coping strategies for dealing with everyday stressors. It can give you a new perspective on problems with family, friends, or co-workers. You learn ways to talk to other people about your condition. It helps catch early signs that your depression maybe getting worse.

What is the Psychiatric Consultant's role?

The psychiatric consult is an expert who is available to advise your care team about diagnostic questions or treatment options, especially if you don't improve with the initial plan. The CM meets regularly with the consultant to talk about progress of your care.

Your Collaborative Care Team

- YOU
- Primary Care Provider
- Care Manager
- Therapeutic Team
- Psychiatric Consultant



Genesis Project

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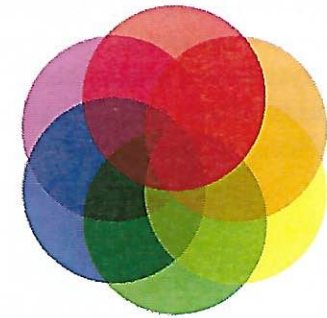
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Genesis Project

Integrated Care

A Collaborative Team Approach to Care

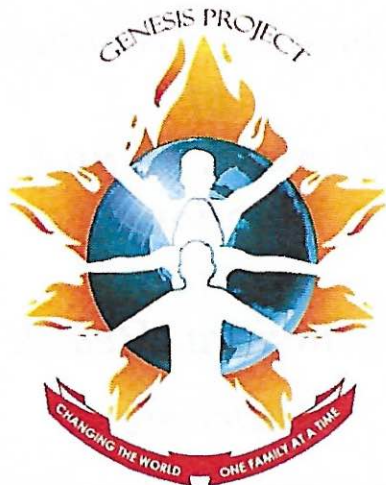


Improving Treatment of Physical, Mental, Emotional, and Behavioral Health Outcomes

Integrated Care

Genesis Project Health Services offers a **Collaborative Care** team that provides treatment for depression and other common behavioral health concerns.

Integrated Care intervention provides wrap around services for physical and mental health, quality of life, and over all wellness of the individual.



Genesis Project Health Services

Integrated Care Team



Dr. Alan Rhoades, MD
Primary Care Provider



Dr. Darlington Hart, MD
Primary Care Provider



Dr. Trasha Black, PhD
LPCS
Clinical Director



Dr. Christopher Lord, MD
Psychiatric Consultant



Tiona Washington
Behavioral Care Manager

OUR MISSION

Genesis Project is committed to the development of programs that eradicate the factors that perpetuate poverty, addiction, oppression, and abuse.

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

Over the last *2 weeks*, how often have you been bothered by any of the following problems?

- 1) Little interest or pleasure in doing things 0. 1. 2. 3.
- 2) Feeling down, depressed, or hopeless 0. 1. 2. 3.
- 3) Trouble falling or staying asleep, or sleeping too much 0. 1. 2. 3.
- 4) Feeling tired or having little energy 0. 1. 2. 3.
- 5) Poor appetite or overeating 0. 1. 2. 3.
- 6) Feeling bad about yourself - or that you are a failure or have let yourself or your family down 0. 1. 2. 3.
- 7) Trouble concentrating on things, such as reading the newspaper or watching television 0. 1. 2. 3.
- 8) Moving or speaking slowly that other people could have noticed. Or the opposite - being fidgety or restless that you have been moving around more than usual 0. 1. 2. 3.
- 9) Thoughts that you would be better off dead, or of hurting yourself in some way 0. 1. 2. 3.
- 10) If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?

___ Not difficult at all

___ Somewhat difficult

___ Very difficult

___ Extremely difficult

Scoring Index:

- 0) Not at all
- 1) Several days
- 2) More than half the days
- 3) Nearly every day