

Public Health Provides Flu Safety Tips

Flu season (October – May) is upon us and <u>Mecklenburg County Public Health</u> has some important information to share with residents to help them stay healthy.

First, it's not too early to get a flu shot. In fact, it's the best way to protect yourself from getting the flu. If you still get the flu, your symptoms will be reduced, and they won't last as long as they would without it. If you haven't gotten one yet, Public Health offers flu shots. Click here for details.

Here a few more ways you can help prevent the spread of the flu virus:

- · Cover your coughs and sneezes.
- Wash your hands often with warm, soapy water.
- And stay home from work or school if you're sick so you don't spread the virus.

Remember, the flu can present the same symptoms as a cold but usually your fever will be higher, and you'll likely feel achier and fatigued. If you think you have the flu, it's best to go to the doctor and get tested.

For more information, contact Public Health Director Gibbie Harris at 980-314-9020 or Gibbie.Harris@MecklenburgCountyNC.gov.

Park and Rec Holds Information Sessions on Two Facility Renovation Projects

<u>Mecklenburg County Park and Recreation</u> will host two public information drop-in sessions this week to update residents about planned facility renovation projects at Marion Diehl Recreation Center and Sugaw Creek Recreation Center.

The Marion Diehl meeting will take place tomorrow night at 2219 Tyvola Road. On Thursday, the department will hold the Sugaw Creek meeting at 943 W. Sugar Creek Road. Both meetings will last from 6 – 7 p.m.

Residents are invited to attend both meetings to ask questions and learn about the construction schedule for each facility.

To learn more, contact Park and Recreation Director Lee Jones at 980-314-1017 or Lee.Jones@MecklenburgCountyNC.gov.

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Assessor's Office to Close Oct. 8-9 for Staff Training

All <u>Mecklenburg County Assessor's Office</u> locations will be closed on Oct. 8-9, 2018 for staff training.

These locations include:

- Bob Walton Plaza, 700 E. Stonewall St.
- Hal Marshall Center, 700 N. Tryon St.
- Mint Hill Town Hall, 4430 Mint Hill Village Lane, Mint Hill

Residents who need to conduct business with the Assessor's Office during this time can visit the department's <u>website</u> or call 311 (704-336-7600).

The Assessor's Office will resume normal business hours at all three locations on Oct. 10, 2018.

For more information, contact County Assessor Ken Joyner at 980-314-4288 or Ken.Joyner@MecklenburgCountyNC.gov.

County to Participate in Civics 101 Academy

Community Relations Coordinator Christine Edwards and Budget Director Michael Bryant will present to the League of Women Voters Civics 101 Academy about County services and the County budget on Tuesday, Oct. 16 at the Government Center. The session will begin at 6 p.m.

The 5-week, one evening per week course is led by current and former government employees and designed to help residents understand how local government works and how to access services.

For more information, <u>click here</u> or contact Christine Edwards at 980-314-2802 or Christine.Edwards@MecklenburgCountyNC.gov.

CALENDAR REMINDERS

- Monday, Oct. 1, 5 p.m. County Assessor Ken Joyner will present to the Charlotte City Council
 about the 2019 Revaluation.
- Tuesday, Oct. 2, 3:30 p.m. BOCC Economic Development Committee Meeting, CMGC 11th Floor Large Conference Room
- Tuesday, Oct. 2, 5 6 p.m. BOCC Regular Meeting, Informal Session, CMGC, CH-14
- Tuesday, Oct. 2, 6 p.m. BOCC Regular Meeting, Formal Session, CMGC Meeting Chamber
- Thursday, Oct. 4, 6 8 p.m. Charlotte-Mecklenburg Meet & Eat Session at Albemarle Road Recreation Center

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