

The aim of the Changed Choices' CARE Program is:



- To identify potential clients while they await sentencing in the Mecklenburg County Jail or serve time in prison.



- To support with our clients while they serve their terms in either state or federal prisons.



- To continue to work with these clients as they "build new lives beyond prison walls." This often means working with their children as well.



Building new lives beyond prison walls

You Can Help:

- **Become a mentor to a transitional client or to a young woman in the COOOL Program.**
- **Become a "card writer" or a pen pal to those who are incarcerated.**
- **Provide for a client's children for Christmas or at the start of school.**
- **Help with maintenance and moving when clients establish their own homes.**
- **Provide for a need at the Changed Choices HOME, such as a meal for Tuesday night SEED groups.**
- **Provide jobs or assistance with job searches, resume writing etc.**
- **Become a regular financial supporter of Changed Choices.**
- **Become a member of the email Prayer Team.**

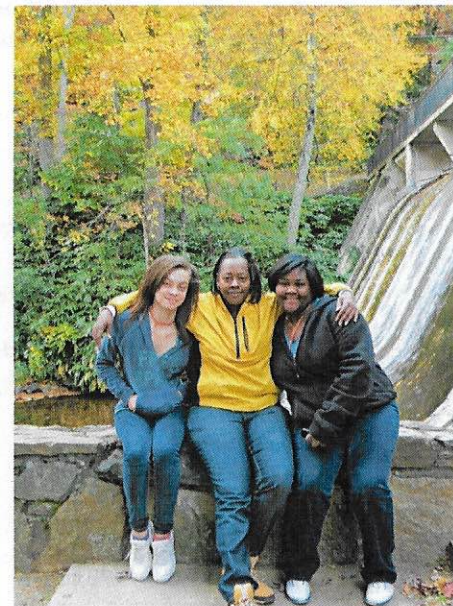
CHANGED CHOICES

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CHANGED CHOICES

**Building new lives
beyond prison walls**



**Change is:
"the process of becoming different"
but
it must begin with you!**



Building new lives beyond prison walls

OUR MISSION

As followers of Christ, our aim is to provide mental, emotional, physical and spiritual assistance to highly motivated women during their incarceration and as they transition into society, enabling them to make positive changes in their lives and achieve self-sufficiency.

Assistance and services include:

Mental Development – Through professional counseling and mentoring, we endeavor to provide guidance through new life experiences.

Emotional support – We address the issues that led to a history of poor choices and continue to provide guidance throughout their time as clients.

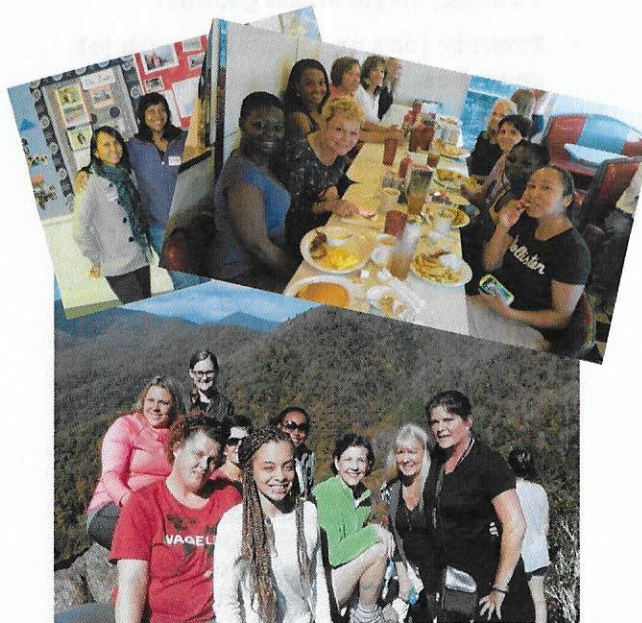
Economic encouragement – Through assistance in securing employment and training in financial matters (budgeting, debt reduction, obtaining good credit, establishing savings) we equip women with the tools to explore a variety of options (including further education) and to make wise choices.

Provision of physical needs – We prepare women for a future of hope and security by providing resources during their incarceration and tools upon release for safe, affordable housing, household items, clothing and transportation.

A spiritual framework – We believe that as faith is established and nurtured, it will become a critical source of strength, helping to determine future positive choices.

Our Programs

- **The CARE (Comprehensive Approach to Reentry Effectiveness) Program** provides our female clients with comprehensive services throughout their incarceration and during their transition back into the community.
- **The Changed Choices COOL (Changing Our Outlook On Life) Program** is a mentoring program for female inmates ages 16-28 offered at the Mecklenburg County Sheriff's Office. Participants are invited to continue to work with their mentors post-release.



We provide additional programs at the jail, including parenting classes, adult mentoring, Courage to Change and professional counseling.

In the community, we are proud to partner with like-minded organizations such as the Dove's Nest, the Center for Community Transitions and RPM (Reentry Partners of Mecklenburg).

Our goal is to help our clients understand that they are unique and valuable and to give them hope.

Our recidivism rate to date is 3.96% as compared to the national average of 58% for women and 67% overall (as stated by the Justice Department).

This astounding statistic is largely due to our individualized care planning and relationship-based approach of working with our clients throughout incarceration and into transition.

Be a part of this great organization! We are a 501(c)(3) non-profit with a strong Board of Directors.

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