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Charlotte NEXT Appreciates Girls On The Run!

Tiyana Brown [tbrown=mecked.org@mail120.sea61.rsgsv.net] on behalf of Tiyana Brown [tbrown@mecked.org]

Sent: Monday, April 23, 2018 8:00 AM

To: Steve Johnston

CHARLOTTE

NEXT

Afterschool Professionals Appreciation Week

AFTERSCHOOL PROFESSIONALS APPRECIATION WEEK

APRIL 23-27, 2018

heartofafterschool.org #heartofafterschool

Every day this week, we will be shining a light on an out-of-school time program in our community for Afterschool Professionals Appreciation Week. We appreciate you for submitting your forms to allow us to highlight your program this week and thank you for all that you do for our students!

Girls On The Run

Carrie Hanson

Executive Director



**Program Description:**



Girls on the Run inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. This physical activity-based positive youth development program is for girls in 3rd-8th grade and places an emphasis on developing competence, confidence, connection, character, caring, and contribution. Girls learn critical life skills such as how to manage emotions, help others, make intentional decisions, and resolve conflict that they use at home, school and with friends.

**Fun Facts:**

1. We end our program with a giant 5K celebration which is open to the public and coming up soon!
2. Girls on the Run has just under 100 sites each season in the Charlotte area.
3. We are grateful to our wonderful partners and donors who help us provide scholarships so ALL girls can participate!

**Want More Info?**

Follow our link to [The Locator](#) to find out more about Girls on the Run!



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