

12/19/17, 5:10 PM



- ▷ 2018-2027 State Transportation Improvement Program ([STIP](#))

▷ [Powell Bill Study](#)—Sec. 34.17 of the 2017 budget required DOT to study how to account for seasonal population shifts

▷ [NCDOT Toll Policy](#)—consultants to develop future framework

▷ [Ferry Life-Cycle Plan](#) for Terminal Structure Repairs and Replacements

▷ [Division 12](#) Assessment - division engineer updates

▷ [Bridges](#): Long-Term Funding Needs, Federal Funding and Bundling Contracts
- The associated reports can be found here:

[Ferry Life Cycle Report](#)

[Draft Toll Policy](#)

[Powell Bill Formula Adjustment Study](#)

Constituents Corner

Healthy Bites

Eating healthy can be challenging for many, especially if you are not accustomed to cooking at home. With our busy schedules it is so easy to give in to those unhealthy, processed foods in stores and fast food restaurants. It is imperative to be mindful of what we are putting in our bodies. Diet is critical in healing the digestive system, reducing inflammation, lowering high blood pressure/cholesterol, boosting immune system functions and much more!

[Patrice L. Johnson](#) learned the hard way when diet began to exacerbate a chronic illness she was unaware that she had, Stage 3 Chronic Lyme Disease. Now she uses food, natural alternatives and supplements to heal the body.

In *Healthy Bites* for the Mind, Body and Soul, Patrice shares some of her favorite dishes turned into gluten-free, sugar-free and mostly dairy-free recipes that are a healthy alternative for the whole family!

CLICK TO PURCHASE:
[Amazon](#)
[Barnes and Noble](#)



Click to view pictures:

1-77 Updates



Construction is occurring mostly in the median of I-77 with minimal disruption to commuters. Occasional lane closures on I-77 only take place in overnight hours (typically 10:00 p.m. to 5:00 a.m. approximately).

Below are the lane closures that you can expect for the coming week. Please visit the [Traffic Notices](#) page on the website for the most current information.

For a complete list of all detours, click [here](#) for more information and maps. The [I-77 Express Lanes](#) are 26 miles of dedicated toll lanes that will operate adjacent to the current general purpose lanes from I-77/ I-277 in Charlotte to Exit 36 in Mooresville.

Resources



Need A Job? Click on a photo.



Volunteer and Donation Opportunity



Volunteers or donations contact:
 Jeff Hood
jhood@hoodieshouse.org
 704.400.6035

**On Saturday,
 December 23,
 2017, from 3:00pm
 – 7:00pm at our
 new host location,**

**Project 658,
 located at 3646
 Central Ave.,
 Charlotte NC
 28205, Hoodie's
 House of Hope for
 Youth will host
 its "6th Annual
 Community-wide
 Holiday
 Celebration of
 Hope Dinner &
 Gathering Event".**

The purpose for this event is to provide individuals and/or families within our community, who are homeless, elderly, experiencing financial hardships to come spend time fellowshiping with us in a safe, secure and nurturing environment.

The attending participants will be able to get a "Free" Haircut, shop for New or

Gently Used Clothes in our Clothes Closet, Watch TV on Flat Screen TV's (Football Games, Holiday Movies & Kids Movies, etc.), Play Games, and Listen to Music, Dance and be Entertained during this post-holiday season event. We are grateful to have the support and partnership with the US Marine Corps "Toys for Tots" program who will assist in providing new toys/gifts to youth for Christmas! Also, several local teams will participate in our 5th Annual Hoodie's House National High School Hoop's Classic Tournament.

A Legislative **WIN** for NC Teachers

UNC-Charlotte in Mecklenburg County was recently chosen as one of the five NC colleges for the new N.C. Teaching Fellows Program. Thank you for your support in this legislation and the funding that brought this program back to life. In a time where we need more qualified teachers, this program makes a difference for the State of NC and the children of our future. We are so appreciative and hope you will have a blessed holiday season!

Want to be a teacher? These 5 NC colleges were chosen for new teaching fellows program.

Five colleges and universities were announced Thursday to host the state's new teaching fellows program, which is aimed at training teachers in the fields of science, technology, engineering, math or special education. The schools are: Elon University, Meredith College, N.C. State University, UNC-Chapel Hill and UNC-Charlotte. They were selected by the N.C. Teaching Fellows Commission, based on such factors as teacher effectiveness, internship experiences and passage rates for teacher licensure exams. The N.C. Teaching Fellows Program, created by the legislature, will provide scholarships to about 160 future teachers each year, starting in the 2018-19 academic year. It replaces a previous teaching fellows program that had been phased out in 2011. The new program is more targeted, with the goal of attracting students to go into teaching specialties where there are shortages. Read more here: <http://www.newsobserver.com/news/local/education/article185030128.html#storylink=cpy>

Regards,

Cecilia Holden

Director of Legislative Affairs and Special Initiatives

State Board of Education & NC Department of Public Instruction

Congrats to the **Harding Rams** 2017 State Champions—Class 4A



Awards for Players of the Championship Game

Offensive player – [Braheam Murphy](#)

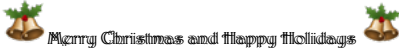
Sportsmanship Award & Defensive player – Trayvon Corbett

Most Valuable Player – Quavaris Crouch



[Harding U wins first football championship in 64 years >>>](#)

[Scotland falls to Harding in 4A state championship >>>](#)



Merry Christmas and happy holidays

From Senator Ford and his staff Joell, Lisa, Cameron and Ra



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