



Mail



Calendar



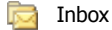
Contacts



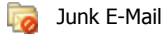
Email Settings

**Deleted Items** (2)

Drafts



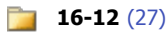
Inbox



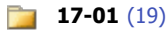
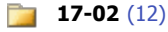
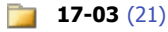
Junk E-Mail



Sent Items

[Click to view all folders](#) ▼**16-12** (27)

16-12 Grants Committee

**17-01** (19)**17-02** (12)**17-03** (21)[Manage Folders...](#)

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Break Every Chain Radio Show - with Dr. Trasha Black

Sylvia Grier [slg@genesisproject1.org]

Sent: Monday, April 03, 2017 5:54 PM

Break Every Chain Radio Show
Airs every Saturday at 5:00 pm EST on WDRBmedia.com - Sponsored by Genesis Project 1, Inc.

Dr. Trasha J. Black, PhD LPC - The Host with a heart for service
Innovator - Tenacious - Steward

Break Every Chain Radio will focus on many of the following health topics areas for our community. Please post or inbox me if you have a topic you want to see covered or are interested in sharing a personal story about your struggle or your recovery.

Mental Health (in men, women, children, elderly, the incarcerated, the stigma, treatment, addiction, etc.)

Physical Health (elevated disease rates, poor access to quality health care, living uninsured, Generational diseases, etc.)

Financial Health (Living poor, why do we work the system, unemployment, debt, poor credit, gaining wealth, affirmative action)

Spiritual Health (Wounded by the Church, Church or no church, Faith diversity in our community, Bitterness, Sin, Unforgiveness, Spiritual Wisdom)

Social and Relationship Health (Education, Poor schools, our children left behind. Family, Abuse, and Neglect, and Violence, Single parenting, Children in Foster Care and DSS custody)

*******Break Every Chain Radio offers the following Community Contests:**

- Fact Check - 60 second quiz related to the day's topic -

Know your facts about our community, history, and wellness? Sign up for our 60 second Fact Check and your name will go into a drawing to take the quiz of the day. If you answer 7 questions correctly in less than 60 seconds, you win Free Wellness Assessment and \$20 gas card from Genesis Project.

- **My Money is Funny** - Share some of your financial challenges and goals and win free financial consulting for 30 days.

- **I'm gone get my sexy back** - Share some of your physical health, fitness, nutrition challenges and goals and win 30 days of health coaching and personal training. Sponsored by **Please Believe** located at 2734 North Graham Street, 704.303.4992

- **Recovery Wrap-up** - Share your success around any wellness related issues that you have overcome and you will be highlighted at the conclusion of the show, and possibly offered an on-air interview for an upcoming show.

Trasha J Black, PhD LPC
Clinical Director
Genesis Project
704.596.0505
www.genesisproject1.org

"Changing the World...One Family at a Time!"

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