



Genesis Project Family Wellness Center, Inc.

Changing the World One Family at a Time

Contact: Jasmine Maree at 704.596.0505 Ex.207 or
JD Davis at 704.596.0505 Ex.208

Immediate Press Release

Do you know a child between the ages 10 - 17 that is overweight and/or obese. Did you know a child obtain the same health benefits as an adult by just losing ten pounds? Lower blood pressure, lower cholesterol levels, and reduced risk of type II diabetes. We can't forget the positive benefits like increased self esteem and self confidence!

With that said, the Genesis Project Family Wellness Center and the T.O.U.C.H.E.D. program in partnership with Visalus (the largest weight loss platform and company in North America at this time) is inviting youth to join the Project 10 Kids Challenge!

It's a totally FREE Program where kids are introduced to fitness and nutrition professionals that will teach them the value of proper nutrition, healthy eating, and exercise. In addition, the child would receive **FREE** nutritious and delicious meal replacement shakes to supplement into their daily diet.

Participants in the program will also have access to **FREE** group exercise training and exercise classes.

Here this best part! One parent in each household is able to join their child in this weight loss journey by receiving the same **FREE** benefits that are mentioned above.

Genesis Project is committed to the development of programs that address the factors that perpetuate poverty, addiction, oppression, and abuse

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Changing the World One Family at a Time

T.O.U.C.H.E.D. CHALLENGES YOU to enroll your kids and yourself in this life changing program. What do you have to lose besides those unhealthy pounds?

If you're interested in joining, would like more information, or know of a child or family that may benefit from our program

FREE and Open To The Public

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