



**Mission:** To help build a foundation firmly grounded in life skills that prepares our business and consumers with a successful road map to self-sufficiency...

## ABOUT Q FOUNDATION, INC

Q Foundation, Inc. (QFI) was founded by Award-Winning Entrepreneur, Success Coach & Philanthropist, Stephán "Coach Q" Askew, with the vision of providing **A Foundation for Success**. For over a decade, QFI has been widely recognized as the nation's leader in alternative Education and Employment Training by the workforce development industry. While this is our signature service, we pride ourselves on providing an array of services to bring not only individuals, but the entire family to self-sufficiency. We do this by utilizing our Award-Winning format: Core 4. Core 4 to success focuses on the areas of: **Education, Employment, Athletics and Behavioral Health Services**. We believe by utilizing this philosophy, we address head on the issues that plague communities and assist in breaking down barriers to success. Whether you desire to receive your GED, learn a trade, need employment training and/or placement, we look forward to hearing from you. Thank you to all employers, partners and members across the country. **We proudly serve individuals of all ages and abilities.**

**\* QFI has NO 6 month waiting period for our GED Programs.**

## SERVICES OFFERED

- Q **Education:** GED Preparation (Online Classes Available), English As a Second Language (ESL), Adult Basic Education (ABE)
- Q **Trade Courses & Certifications (Online Classes Available):** HVAC, CNA I & II, Culinary, Carpentry, Electrical, Plumbing & Entrepreneurship. (Some Classes not offered in all areas)
- Q **Employment Training and Placement**
- Q **Behavioral Health Services:** Mental Health, Substance Abuse, Cognitive Behavior Intervention (CBI), Anger Management, Life Skills and much more...
- Q **Athletics:** High School Athletics, Youth & Adult Athletics (Free to all Members)
- Q **After School & Summer Enrichment Programs**

We are recognized as a SNAP Site (Share Network Access Point) and provide assistance with applying for the following benefits to our consumers:

Medicaid, Food Stamps, FAFSA, Selected Service, Taxes & Loaves & Fishes Food Bank

QFI does not discriminate on the basis of race, color, creed, national origin, age, sex disability, or sexual orientation.

Visit [www.qfoundation.com](http://www.qfoundation.com) for more information