

SCHOOL SUPPLY JAM

Let's Move
to fight childhood obesity

DRINK WAT?

HOSTED BY:

DS-WhoopA

HYDRATED BY:



WAT-AAH.COM

PRESENTED BY:



"Let's Move In After School"

A program designed to teach After School's a new and exciting way to add fitness through dance and rhythm to their daily activities. Standing behind the initiative of Michelle Obama to fight childhood obesity, "Let's Move In After School" teaches a six week program of the 'Move Your Body' Flash Dance Workout by Beyonce along with a Healthy Hydration segment provided by WAT-AAH! on the importance of drinking water. Each of these programs last in a hours length and includes a live disc jockey to peak the children's interest.

For more information on how you can support our program, please visit www.letsmoveschoolsupplyjams.blogspot.com or email us at letsmoveinafterschool@gmail.com.