

Where to turn for ongoing support

We encourage individuals and families to seek help within the recovery community by exploring these support resources and attending meetings regularly.

Al-anon/Alateen

Visit www.charlotteanon.org or call (704) 523-1159

Alcoholics Anonymous

Visit www.charlotteaa.org or call (704) 377-0244

Marijuana Anonymous

Visit www.marijuana-anonymous.org (no Mecklenburg meetings at this time) or call (800) 766-6779

Nar-Anon

Visit www.nar-anon.org/Nar-Anon/North_Carolina.html or call (800) 477-6291

Narcotics Anonymous

Visit www.crna.org, www.na.org or call (704) 366-8980

Communities of faith often provide support to individuals and families seeking recovery.

Anuvia Credentials

- Founded in 1958, Anuvia (formerly the Chemical Dependency Center) has established a reputation for quality services that are barrier free and culturally competent.
- Anuvia is accredited by the Commission on Accreditation of Rehabilitation Facilities, demonstrating that Anuvia programs are person- and family-centered and promote quality, value and optimal outcomes, as well as substantially meeting international standards.
- Anuvia is an affiliate of the National Council on Alcoholism and Drug Dependency.
- Anuvia is one of the largest agencies in North Carolina when ranked by staff members with licenses and credentials from the North Carolina Substance Abuse Professional Practice Board.
- Anuvia is one of the few agencies in North Carolina with a wide array of services offered in Spanish.
- Anuvia is a leading provider of services to Mecklenburg County Drug Treatment Court and Area Mental Health.

Funding

Anuvia Prevention and Recovery Center is a North Carolina 501(c)(3) nonprofit. Major funding for Anuvia is provided by the Mecklenburg County ABC Board.

The adolescent program is made possible by generous funding from the Kate B. Reynolds Charitable Trust, The Leon Levine Foundation and the Mecklenburg County ABC Board, as well as corporate and private donors.

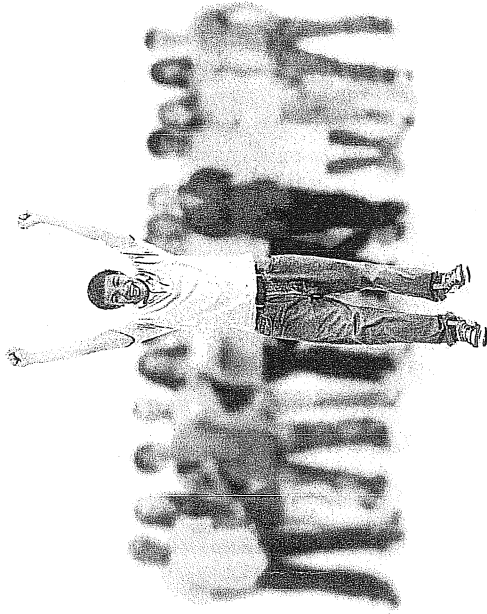
Can you help?

Donations of any amount are needed for this program. You can give online at www.anuvia.org or call 704-927-8881 to find out how to make a gift that supports community wellness through substance abuse prevention and recovery.

- Education
- Prevention
- Assessments
- Treatment
- DWI & Court Services



(704) 376-7447 • www.anuvia.org



Adolescent Treatment Services

704-376-7447 • www.anuvia.org



Adolescents in their early and mid teens are experiencing the most dramatic physical and psychological growth of their lifetimes, but alcohol and drug use can turn a young person's natural potential into tragedy.

For adolescents who need intensive help with a substance use disorder, Anuvia Prevention & Recovery Center delivers an effective program that:

- Promotes abstinence
- Improves decision making
- Builds life skills
- Creates functional relationships with family members and caregivers.

Anuvia's Adolescent Substance Abuse Intensive Outpatient Program (IOP/SAIOP) is designed to change the lives of participants and their family members or caregivers.



Who is eligible to enroll?

The program is open to adolescents between the ages of 12 and 17 who have been recommended for an intensive outpatient treatment program through completing a clinical assessment. The first step for enrollment is scheduling an assessment by calling (704) 376-7447.

Program details

Adolescent Treatment is a 12-week program for clients and their families or caregivers that meets three times per week for 3 1/2 hours per session. An additional session is held each Saturday that includes family members and caregivers. Attendance at all sessions is mandatory. Snacks and meals are provided during evening hours. Groups are small with an average attendance of six participants per counselor.

Program hours

Monday, Tuesday, Thursday: 4:15 p.m. to 7:45 p.m.
Saturday: Family sessions, 9 a.m. to 12:30 p.m.

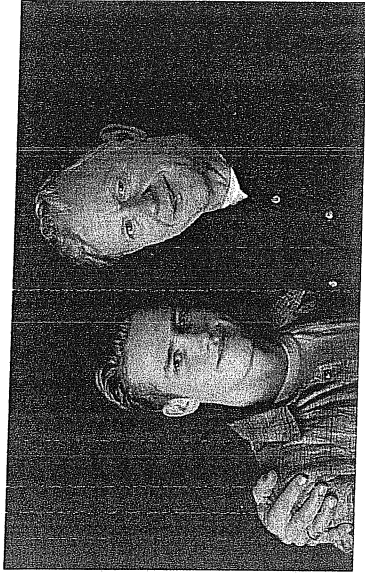
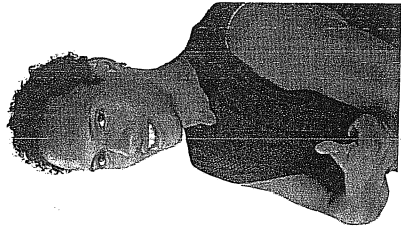
For more information or to schedule an appointment, call (704) 376-7447.

Office hours

Office hours are Monday through Thursday, 11 a.m. to 8 p.m. Call (704) 376-7447 or visit www.anuvia.org for more information.

Staff

Staff members are passionate about adolescents and all counselors are licensed by the North Carolina Substance Abuse Professional Practice Board.



Adolescent treatment includes:

Assessments

A comprehensive clinical assessment is an intensive, individualized substance abuse evaluation that indicates the level of care needed to sustain abstinence and/or recovery. It gauges a client's level of readiness and serves as the foundation for a Person Centered Plan.

Individual Therapy

The one-on-one relationship between a counselor and a client serves to facilitate engagement, assess progress, address crises, coordinate treatment with other community resources and reinforce continuing recovery.

Group Therapy

Group therapy provides a safe environment for adolescents to discuss ongoing issues related to substance abuse, learn from each other's experiences and work toward making more informed decisions.

Psycho-Education

Psycho-education covers a wide range of topics including anger management, co-occurring disorders, self-esteem, goal setting, STI/STD's, communication, relapse prevention and career exploration.

Family Education & Multi-family Group Therapy

Family education and multi-family group sessions are held weekly and address teen beliefs, adolescent development, drugs and adolescents, the recovery process, and family management issues such as boundaries, parental discipline and communication.