

My Future Care Is All In-Check!

Please read each of the ten actions below and check one of the boxes to the right indicating if you have or have not done the action. You may also write a brief note relative to what you will do to take action under NEXT STEPS/FOLLOW-UP. Each action noted as DONE has a value of 10 points. When you have finished, add the number of checks you have under the column labeled DONE and multiply that number by 10. This will give you a sense of how you grade on planning for your future LONG-TERM PERSONAL CARE PLAN. Please see grading scale below.

ACTION	DONE	NOT DONE	NEXT STEPS/FOLLOW-UP BY YOU
1. My children/family and I have spoken about my future long-term personal care plan .			
2. I know of what financial resources I will use to pay for my long-term personal care needs should the need arise.			
3. My Estate Plan and Will are all complete and key family members know where these are located.			
4. I know and have had conversations with the person (in my family or otherwise) who will serve as my primary caregiver should the need arise.			
5. I am knowledgeable about available options to pay for long-term personal care services , how to qualify for them and if I do qualify for some of these sources of payment.			
6. My family knows my preference for going to an Assisted Living Facility or to remain in my HOME .			
7. I know the difference between Medicare and Medicaid and which I am likely to qualify for.			
8. I have thought about where my child/children live and how this will impact my future long-term personal care .			
9. I have researched and am knowledgeable about the various costs for long-term personal care .			
10. I have researched and compared the options of remaining in my home with an agency caregiver verses living in a long-term facility .			
TOTAL SCORE			

100 to 80 – YOU ARE READY!

80 to 60 – YOU ARE GETTING THERE!

60 to 40 – YOU ARE ON THE RIGHT ROAD!

BELOW 40 – IT IS TIME TO TALK! ☺